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Town Manager's Corner

Dear Neighbors,

With May upon us summer is in full swing. Town Departments have been hard at work preparing our community for all of you to enjoy. Public Works has been repairing roads and infrastructure riddled by winter and Parks and Rec. has been prepping fields and opening Sears Park. With this being our 250th anniversary this summer will be one for the history books.

Just like staff, I would ask all of our residents to do their part and clean up East Hampton. With the 250th anniversary in full swing people from all over will be looking at East Hampton and the model community it is. So plant some flowers, pick up some trash or paint that fence that has been in need for a few years. Every person's contribution counts!

My family and I look forward to seeing you during the Memorial Day and Old Home Days Parades and events. I am always interested in hearing your thoughts or just getting to know you.



Michael Maniscalco Town Manager

250th Anniversary Birthday Card



Have you heard? The town has a travelling 'Birthday Card' that's making its way around town. The goal of the 250th Anniversary Committee is to get 13,000 plus signatures on the cards wishing the town a "Happy Birthday." The Committee is

looking to get every town resident who's able to hold a pen - even babies to scribble their name or write a note, craft a phrase, draw a picture or express themselves any way they like to wish the town a

happy 250th birthday. The signing has already started. Cards have been delivered to all schools. The little kids to the big kids will put their thinking caps on to come up with nifty sayings to write on the cards. If words aren't your thing but drawing is, that's great too. The 250th committee likes drawings. Everybody gets a shot. After the schools have collected as many signatures from students, parents, staff and other residents the next stop is the Community Center where seniors and patrons of the library will take up continued on page 2



events

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PUBLISHER

William E. McMinn

ART DIRECTOR

Kathy Alsop 860-391-4372 kathy@eventsmagazines.com

COVER EDITOR

AC Proctor 860-767-9087

LAYOUT & AD DESIGN Lynne Hardt

SALES REPRESENTATIVES

VERNON • TOLLAND ELLINGTON • WILLINGTON Tom Fortin 860-299-4568 tom@eventsmagazines.com

ESSEX • WESTBROOK **CLINTON • MADISON**

Ward Feirer 914-806-5500 wfeirer@gmail.com

OLD SAYBROOK • OLD LYME • EAST LYME

Betty Martelle 860-333-7117 betty@eventsmagazines.com

CHESTER • EAST HADDAM EAST HAMPTON • HADDAM

Sue Smith 860-885-9670 sue@eventsmagazines.com

GUILFORD • STONINGTON

Essex Printing 860-767-9087 print@essexprinting.com

COVER PHOTO

Lake Pocotopaug Photo by

Walt Jedziniak / Walt Jedziniak Photography

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Birthday Card... continued from page 1



250th Anniversary Chairman Josh Piteo stands with Town birthday cards made by Memorial School students

the challenge to get all those signature well wishes for the town. From there it's on to town hall where cards for signing will be set up in the Eaton Smith meeting room.

Getting all those signatures to the magic goal of every town resident will take some time and if you're not able to make it to any of the schools or the Community Center then we'll come to you. If your group or civic organization wants to sign the card, arrangements can be made through the Park & Recreation Department to bring the card to you! How cool is that. Just give them a call and set a convenient time.

continued on page 4

East Hampton Area Eateries





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Birthday Card... continued from page 2

In the end, once we've done our level best at getting every signature from every person who wanted to sign the card, the 4x8 birthday cards will be displayed along with their proud card sponsors at Old Home Day. The kind folks that run Old Home Day will set an area just to display the

cards for all to see. The cards will be open for viewing the whole weekend. And even then it's not too late to sign. We'll welcome the last minute signers with happy smiles. So over the next several weeks look for the birthday cards to make it to your neck-of-the-woods and, once they do,

become a part of town history... add your name to the celebration.

Josh Piteo, Chairman East Hampton 250th Anniversary Committee

The Office of the Collector of Revenue

We have implemented a new and exciting way of reminding our residents about annual tax payments and other important news. Please visit our website at www.easthamptonct.gov to sign up for our email reminders by clicking on "Subscribe to Town News," enter your email address and check the box that says "Tax/Assessor Announcements."

You will be receiving your real estate, motor vehicle and personal property tax bills in the mail on or before July 1. Taxes for the upcoming grand list of 2016 will become due and payable on July, 1, 2017; you have through August 1, 2017 to pay without penalty. All past due bills are subject to interest charges of 1 1/2% per month or 18% per annum. There is a minimum \$2.00 interest charge. All motor vehicle bills are paid in full in July, while real estate and personal property bills are split at \$100 into two

installments. The bill you receive consists of a 3 part form, part A is for the July installment, part B is for the January installment and part C is for the taxpayer's records. There is NOT a second billing in January.

What happens if I never receive a bill? Failure to receive a tax bill does not exempt you from payment of all taxes and all interest charges. If you did not receive a bill for which you are responsible, call the Collector of Revenue's Office at 860-267-2300 and request a copy, or visit our website at www.easthamptonct.gov and click on "Make a Payment" to view your bills.

What should I do if I receive a bill and I escrow my taxes? If you receive a real estate tax bill and you escrow your taxes continued on page 6







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Revenue Collector... continued from page 4

through your mortgage company, contact the mortgage institution immediately. You are responsible for paying your bill on time.

What if I no longer own a motor vehicle or I have moved out of town? Do not ignore your bill. You may be entitled to an adjustment. Please contact the Assessor's Office at 860-267-2510.

Assessment Office

MOTOR VEHICLE TAX

The Assessor's office receives many phone calls and questions regarding motor vehicle taxes. The process of valuing and taxing motor vehicles begins at registration. Once a vehicle is registered it is assigned a tax town, typically a resident's address where the vehicle is housed. In accordance with Connecticut General Statutes, property subject to taxation shall include registered and unregistered motor vehicles that, in the normal course of operation, most frequently leave from and return to or remain in a town in this state.

The next step is the Department of Motor Vehicles assigns a value to the vehicle using the N.A.D.A book's clean retail value. This method is determined by the legislature. Each year in early December, the DMV sends to each municipality, a listing of all registered motor vehicles and values as of October 1st of that year, and a listing of vehicles registered AFTER October 1st but before August 1st of the previous year.

EVENTS PRESENTS ~ BELLTOWN MOTORS

Belltown Motors was established in the year 2003 by brothers Owen and Anthony Flannery. Having been in the industry since 1993, together they decided to start their own venture employing just the two of them. They have come a long way since then. They are currently staffed with over 35 employees. Over the years, Belltown Motors went from having just a three bay garage to the expansion of a facility that encompasses Belltown Tire and Service Center which offers: full service for tires, oil changes, alignments, brakes, major and minor engine and transmission repairs for both foreign and domestic vehicles. They have a PPG Certified Collision Center which employs several ASE I-Car Certified Paint and Collision Specialists. They are the largest commercial auto/truck collision and repair facility in Connecticut with factory certified diesel mechanics on staff. Belltown also has 2 dedicated paint and spray booths to accommodate any type of vehicle including heavy duty fleet trucks and are PPG certified using eco-freindly products. On site, Belltown Auto Sales and Rental provides an opportunity for customers to rent or purchase a vehicle. They have access to over 15,000 vehicles and can get any pre-owned car you are looking for. They are equipped with a fleet of 16 rental cars, suv's and trucks. In addition, compact construction equipment is also available for rent.

Belltown Motors is a member of the Towing and Recovery Specialists of CT and the Motor Transit Association. They are a AAA certified repair facility and provide 24 hour light and heavy duty towing service with a fleet of 16 wreckers, flat beds, tractor trailers, service vehicles and a light duty mobile battery service truck. They are growing with the industry and require their staff of master technicians to be up to date and current with trainings to keep up with the ever changing technology.

We welcome you to visit Belltown Motors for all your automotive and truck needs. They are located at 80 East High Street, East Hampton and can be reached at 860-267-7222. They are worth the trip!



80 East High Street, East Hampton, CT 06424 Call 860.267.7222 for appointments, hours and directions. www.belltownmotors.com

Vehicles registered from the previous year are billed in January on a supplemental bill. Supplemental bills are typically prorated by a ratio (approved by the legislature) from the registration day until October 1st of the current assessment year.

All vehicles registered as of October 1st of any year are sent a tax bill in July. Some bills can be prorated if a taxpayer can provide documentation that the vehicle is no longer in their possession. Vehicle owners should notify DMV in a timely manner of the intent to cancel a registration due to sale, accident, junked etc. DMV has an extensive website that offers many of their services online.

A common misconception is that the Department of Motor Vehicles notifies the towns/cities when a vehicle is disposed. It is the taxpayer's responsibility to notify the Assessor's office that the vehicle is no longer in your possession. If you dispose of any vehicle you need to bring, fax or email your disposition paperwork to the Assessor's office as soon as possible. Types of documentation accepted are DMV plate disposition receipts clearly stating the vehicle as sold, bills of sale, junked receipts, total loss insurance letters and donation receipts.

In conclusion, following these procedures will help save the taxpayer and the Town time and money by avoiding unnecessary bills, ensuring taxpayers of accurate record reporting and eliminating any future confusion.

Town Clerk's Office



BE SURE TO RENEW YOUR DOG LICENSE EACH YEAR IN JUNE!

Now is the time to schedule an appointment with your veterinarian for your dog and be sure it is up-to-date with all of its vaccines. A current rabies certificate is required prior to licensing your dog. The rabies certificate

must be valid through July of 2017.

Did you know that you can renew your dog license online through the Town Clerk's online dog renewal program? You need to have a current rabies certificate and avoid the lines in June. Our program is under the Town Clerk's webpage under the online dog renewal program tab.

Would you like to receive your dog renewal card via email? If so, please send me your email address to swieleba@ easthamptonct.gov. This will ensure delivery of the license renewal card and save the town on postage.



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East Hampton Economic Development Commission

Our mission is: "To successfully attract new business, retain established business and improve the quality of life of East Hampton residents, visitors and tourists."

We congratulate the following businesses, Rossini's Restaurant and KOCO Child Care Center on being named "Belltown Spotlight on Business" monthly honorees. Please contact any member of the EDC or Town Manager Mike Maniscalco to nominate a business for this award. EDC members are Chairman Jack Solomon, Ted Turner, Kate Adams, Erin Hall, Jim Monahan and Tim Csere.

EDC BUSINESS OF THE MONTH FOR MARCH

Emilio Simoni, owner of Rossini's Italian Restaurant, receives his EDC Official Proclamation naming his business as Belltown Spotlight Business of the Month for March from EDC Chairman Jack Solomon. Standing from left to right are



EDC Members Ted Turner, Chairman Jack Solomon, EDC Member Tim Csere, Owner Emilio Simoni and Emilio's fellow Italian culinary specialists. Rossini's Italian Restaurant is located at 62 West High Street and offers delicious pizza and homemade dishes. Rossini's Restaurant is dedicated to providing you the best service using only the highest quality ingredients. Rossini's recently celebrated its 25th anniversary. Call Rossini's at 860-267-1106 for take-out or stop in for casual dining and daily specials. Check out the website at www.rossiniseasthampton.com.

EDC BUSINESS OF THE MONTH FOR APRIL

EDC Member Ted Turner presents KOCO Assistant Director Janet Santos with the EDC Official Proclamation for being named Belltown Spotlight Business of the Month Award for April.



Ted and Janet are surrounded by our business leaders of tomorrow. KOCO is a private, non-profit child care organization located at 151 East High Street. KOCO



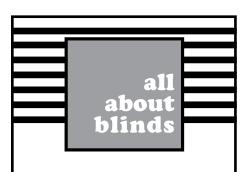
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that our community can be proud of. Call Roxanne Bartone, Director or Janet Santos, Assistant Director at 860-267-9843 for info or visit their website at www.koco4kids.org.



Coming Spring 2017, a new bed and breakfast, the Bevin House! For more info go to: https://www.facebook.com/thebevinhouse/

EDC Business Event

On Wednesday, August 23, 2017, from 7:00 pm to 8:00 pm, the East Hampton Economic Development Commission along with the Bevin House will be hosting its first East Hampton business networking event. This event is open to any registered business in town to come and network with other local businesses. You can set up a table, bring samples, and your business cards! We will accept the first 50 applicants, and you can send an email to adamsinconn@yahoo.com to be put on the list or for more information on this event. All are welcome to any EDC monthly meetings that are posted on the Town website and usually held at the Town Hall at 6:30 pm on the 3rd Tuesday of each month.

East Hampton Town Directory

www.easthamptonct.gov

Animal Control (24 hour dispatch)860-873-5044	Human Resources860-267-4468
Assessor860-267-2510	Parks & Recreation860-267-7300
Board of Education860-365-4000	Police Department (non-emergency) 860-267-9544
Building/Planning/Zoning860-267-9601	Probate Court860-295-6239
Chatham Health District860-365-0884	Public Library860-267-6621
Collector of Revenue860-267-2300	Public Works860-267-4747
Emergency Management860-267-0088	Senior Center860-267-4426
Finance Department860-267-7548	Town Clerk860-267-2519
Fire Marshal860-267-0088	Town Manager860-267-4468
Food Bank860-365-5978	Water Pollution Control Authority 860-267-2536
Housing Authority860-267-8498	Youth & Family/Social Services860-267-7300





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Planning & Zoning Department

UPCOMING ROUTE 66 CORRIDOR PLANNING STUDY

East Hampton is a member town of the Lower Connecticut River Valley Council of Governments (RiverCOG), a 17 town regional entity providing planning and shared services to the region which reaches from Cromwell and Portland south along the Connecticut River to the Long Island Sound. The RiverCOG has received funds and will be conducting a full scale Corridor Planning Study for Route 66 from the Arrigoni Bridge to the East Hampton/Marlborough town line. Planning and Zoning Department staff will be assisting in many ways and the residents of East Hampton will be invited to join the process.

We all know that Route 66 is a busy road through town with traffic counts between 12,000 at the Marlborough town line and 16,000 vehicles per day at the Portland town line. At times, turning left out of town hall, or any of the other driveways in the main commercial area can be a lengthy process.

The study will consider development pressures based on the local market, potential development sites that may add to the traffic volume, the types of recreational resources attracting visitors to the corridor, opportunities and safety factors for bicyclists and pedestrians, opportunities to improve intersections and traffic operations to increase safety and improve functionality, and what changes may be necessary to the zoning regulations to support the type of development that is consistent with the community vision set forth in the 2016 Plan of Conservation and Development. The study will result in recommended changes along the corridor to improve safety and mobility for all users of the road.

There will be ample opportunity for public input once the study begins. The RiverCOG along with staff from both Portland and East Hampton are currently in the process of choosing a consultant to lead the study. Stay tuned for opportunities to be a part of the study during the upcoming summer and fall months.

VISIT East Hampton! www.easthamptonct.gov

Public Works



The Public Works Department said goodbye to winter as of April 15th and we have started our yearly spring/summer/maintenance program. Such work will involve hot patching pot holes (as soon as asphalt plants open). Snow fighting and winter season equipment will be evaluated for damage or necessary repairs, and stored away for next

year's use. Sweeping and catch basin cleaning will also begin.

One of the casualties of winter is curbs being hit by plows. The Public Works Department will be out picking up loose pieces and repairing as required. Guard rails and posts needing attention will be addressed.

Unimproved roads are inspected and if necessary, process gravel is added to make for a smoother drive. Work on Christopher Brook Culvert on North Main Street restarted the week of April 17th, but the road should not close as the project moves into its final stages. This will include the final paving, a finished sidewalk, guardrail protection, landscaping and clean-up of all disturbed areas.

The added warmth of spring will also spark the growth cycle for grass and other things. Cemeteries and other Town facilities will need spring clean-up and mowing before Memorial Day. Sign straightening will occur and tree work, put off during winter months, will begin again. Drainage work will be done in various locations to alleviate icing/water issues. Roadside mowing will begin toward the end of May. Winter is at last behind us.

Building Department

OUTDOOR RESIDENTIAL SWIMMING POOLS

Warm weather is right around the corner. Are you thinking about installing a swimming pool this summer?

All pools require permits except prefabricated swimming pools that are equal to or less than 24 inches deep. The pools to the right require permits. The kiddie pool at the bottom will not require a permit.

Just because a swimming pool is sold in Connecticut, doesn't mean it meets safety requirements and State Building Code.

Please go to our website www.easthamptonct. gov and click on the Building Department to view the pool handout. Or call 860-267-9601 or stop by the Building Department for additional information.







YES

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Water Pollution Control Authority

Some water consumers live in areas in which municipal water is not available. They must rely on private wells for their water supplies. How can private well owners ensure they have a safe and aesthetically pleasing water supply?

WELL WATER TREATMENT **CHALLENGES**

Drilling a well can cost thousands of dollars, and the unfortunate circumstance is that homeowner(s) are at the mercy of what the well provides, no matter the contamination load. Since most homeowners usually cannot afford to drill a new well in the hopes of a better option, they are forced to work with what they have. Rarely, some wells may be pristine with no contaminants, while others may experience common offenders such as iron, manganese, hydrogen sulfide (a rotten-egg smell) and/or bacteria and viruses (usually tested as a coliform count). Hydrogen sulfide is created in wells by aerobic bacteria that feed off sulfate and sulfur found in decaying plant material. A failed sanitary seal on the wellhead can create an opportunity for contamination via insects and rodents. Holding tanks are typically ambient and therefore open to airborne contamination from mold, insects and even bacteria.

SANITATION AND AESTHETIC **SOLUTIONS**

Several solutions are available to correct

the diverse aesthetic and more serious sanitary contaminants.

For aesthetic issues, water softening for hardness and traces of iron and/or sulfur and oxidation/removal systems for higher levels of iron/manganese/sulfur, special media, 'sanitizer' systems are available for combined hardness and higher levels of iron/manganese.

Regarding microbiological concerns, chlorination of the well or in-house UV disinfection systems are viable options.

TESTING AND CONFIRMING WATER SAFETY

Before a system is designed and specified — and periodically during a well's life the water should be tested. Before system installation, the water's contaminant load and disinfection/treatment requirements should be determined.

The levels of aesthetic contaminants, such as hardness, generally do not fluctuate in an established well so a one-time test is often sufficient unless the environment changes in some way that could affect the well or aquifer. However, the microbiological contamination situation ... can and does change according to environmental influences, such as runoff, land use or septic drainage and leakage. Testing, at a minimum, should be carried out annually.

If a well repeatedly tests positive for contamination, a larger problem may exist. If simple disinfection is ineffective, other measures may need to be taken.

If the issue is just microbial, then UV sterilization could be the answer. If the contaminant load is greater and combines organic and inorganic loads, then ozone may be the answer for the job. Repeated positive tests for microbiological contamination indicate recurring contamination for which adding chlorine to the well is not a permanent solution. Installing a UV disinfection system provides continuous protection, but steps should also be taken to identify the contamination source, e.g. leakage from a septic system, a break in the well casing or other means whereby surface runoff gains entry to the well.

OTHER CONSIDERATIONS

The first step of any project is to determine the issues and understand what your water treatment goals are. Beyond the main contaminates, other water quality points to look for are the pH level, total dissolved solids, nitrite levels, color, odor and turbidity.

All the issues discussed in this article may be problematic, aesthetically affecting the end user's consumption and, more important, causing illness if microorganisms are present.

Pet Adoption Event!

Jackson Chevrolet, 660 South Main Street in Middletown is hosting a pet adoption event on Sunday May 21 from 10:00 am-1:00 pm. There will be 10 rescues on site with their adoptables with more to join. This event is RAIN OR SHINE as the facility does have indoor space. Each rescue has its own adoption policies so please visit their respective websites for more information. Rescues currently scheduled to attend are: Big Fluffy Dog Rescue, Angels Among Us Animal Rescue, One More Dog Rescue, Thank Dog

Rescue, PAWS New England, Labs4Rescue, Pack Leaders Rescue of CT Protectors of Animals and 3 Bunnies Rabbit Rescue and Cat Tales. Please watch our Facebook page where we will be posting animals that are planning to attend prior to the event! We will also be collecting food, supplies & toys for the rescues in attendance so even if you're not in the market for a new four-legged, please stop by and donate some much needed supplies! Any questions please contact Heather@jacksonchevrolet.com or call 860.346.9655.

To download previous issues of East Hampton Events visit www.eventsmagazines.com and download the issueyou desire!

SAFEGUARDING YOUR VISION—

Dr. Michael Goldstein Joins the PALMER EYECARE CENTER

Michael P. Goldstein, OD, of Rocky Hill Eye Associates, has moved his specialty vision therapy practice into the Palmer Eyecare Center in East Hampton. The Palmer Eyecare Center offers a full-service optical clinic for eyeglasses, sunglasses, contact lenses and accessories.

Dr. Goldstein's Rocky Hill location closed at the end of March. He continues to offer comprehensive eye care, complete vision therapy services and functional vision examinations in the new East Hampton location, along with an expanded contact lens service and LASIK consultations.

Hours, by appointment, are Monday 9:00 am to 6:00 pm, Tuesday, Thursday and Friday 9:00 am to 5:00 pm and Saturday 9:00 am to 1:00 pm. Dr. Goldstein's direct phone for appointments is 860-529-4261.

VISION THERAPY - Tune Up Your Visual System

Dr. Goldstein adds the optometric specialty of Vision Therapy to the Palmer Eyecare Center. "Vision Therapy" is essentially physical therapy for your eyes, a series of carefully designed exercises to train and improve specific eye tasks and abilities. For patients at any age with visual-motor or perceptual-cognitive issues, vision therapy treatment can be a life-changing improvement. Vision therapy fine-tunes the eye's motor and perceptual functions including eye alignment, eye movements, focusing, the ability to appreciate stereopsis (like seeing clearly in a 3D movie) and depth perception. In fact, everyone who has ever had a problem seeing a 3D movie is a perfect candidate for vision therapy, because their binocularity is compromised. Perceptual processing can be greatly improved with vision therapy. It allows children and adults to read better and comprehend more of what they are reading. Headaches, nausea, balance problems and even car sickness can be symptoms of a compromised visual system that can be improved with vision therapy. It even helps lazy eyes to see again. Every major sports team has a vision therapist

working with players. The results can be dramatic. Children having problems in school often have underlying eye problems that can be helped with vision therapy. Every child should have an eye exam before starting school and every year thereafter.

DR. GOLDSTEIN'S BACKGROUND

Dr. Goldstein obtained his Bachelor's degree from University of Hartford and his Doctor of Optometry degree from The New England College of Optometry in Boston. He is a member of the American Optometric Association, Connecticut Association of Optometrists, and the College of Optometrists in Visual Development.

Dr. Goldstein interned at the New England Eye Institute, Pediatrics Department; Fairfield Eye Associates, Perkins School for the Blind, South Boston Community Health Center, Aran Eye Associates, and the Boston University Department of Ophthalmology. He has had articles published in The Journal of Vision and Science, Eye Care Product News, and the Talcott Center for Child Development. He participated in clinical trials at the Boston University Department of Ophthalmology. Dr. Goldstein is a past Clinical Director of the TLC Laser Eye Center in Fairfield CT. He is currently on the Adjunct Clinical Faculty of the New England College of Optometry and the Massachusetts College of Pharmacy and Health Science. His office has been a clinical training facility for new eye doctors.

SPECIALTY DIAGNOSTIC SERVICES - Safeguarding Your Vision

The Palmer Eyecare Center has added state-of-the-art retinal imaging capabilities to more accurately diagnose and monitor eye conditions.

Diabetics, who should have their eyes examined every year, are at risk of serious vision loss if their diabetes is not controlled. Annual retinal eye examinations are required by all endocrinologists and physicians to confirm that medications are working as prescribed. Glaucoma is a silent eye disease that, if undetected, can also lead to serious vision loss. Early detection and treatment is critical to prevent permanent vision loss. As with diabetics, over half of the people suffering from glaucoma don't know they have it. Macular degeneration, which leads to loss of central vision, may be the most serious and most difficult eye disease to control, but with early detection and treatment, its progression can be slowed significantly. All of these eye diseases have hereditary components, so if someone in your family has had the disease, your chance of developing it is greatly increased. The confocal laser imaging systems at the Palmer Eyecare Centers have the highest resolution available anywhere to detect the earliest changes in your eyes so that we may intervene to safeguard your vision.

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This is how some kids see the world; some adults too. It can be a life changing event to get sharp vision.

Call for an appointment.

Medical eye problems such as red eye, pink eye, dry scratchy eyes, and allergies are treated. There is 24-hours emergency coverage.

The primary reason to see an eye doctor is for clear, comfortable vision and to prevent eye diseases from taking hold. Our promise to you is to do just that. With precision eye examinations, eyeglasses, contact lenses and vision therapy, we will solve your vision problems and safeguard your vision for years to come.

Everyone should have an eye exam once a year. Have you?

PALMER EYECARE CENTER

Sanseer Mill Office Park 282 Main Street Ext. Middletown, CT 06457 860-346-2020 "We Solve Vision Problems"
Primary Care Clinical Optometry

www.palmereyecare.com

Chatham Corner Building 240 Middletown Ave. East Hampton, CT 06424 860-267-2222

PARKS & RECREATION

MISSION STATEMENT

The East Hampton Parks and Recreation Department is committed to providing innovative program opportunities and well-maintained facilities that enrich the East Hampton community.

STAFF

Jeremy Hall, Director Shawn Mullen, Program Coordinator Skye Dougherty, Program Counselor Sheri Yorker, Office Assistant Joshua Seymour, Parks Maintainer II Brian Miner, Parks Maintainer I

ADVISORY BOARD MEMBERS

Deb McKinney, Chairperson Tim Adams, Vice Chairperson Sheryl Dougherty Dick Edmonds Dan Reilly Daniel Roy

Jessica Rurka

CONTACT INFORMATION PARKS AND RECREATION DEPARTMENT

www.easthamptonct.gov

Telephone: 860-267-7300 Fax: 860-267-7800

Jeremy Hall: jhall@easthamptonct.gov Shawn Mullen: smullen@easthamptonct.gov Sheri Yorker: syorker@easthamptonct.gov

MAILING ADDRESS

DROP IN LOCATION

Parks and Recreation 240 Middletown Avenue 20 East High Street East Hampton, CT 06424 East Hampton, CT 06424

Afternoon Adventures After-School Program

860-367-5429

Sears Park Pavilion

860-267-7178

Youth & Family Services

860-267-7300

SEARS PARK

STICKERS: Residents/taxpayers of East Hampton can pick up their Sears Park stickers at the Parks and Recreation Department, the Public Library, the Police Department and KOCO child care during regular business hours. Vehicle stickers are also available online through the town website. Online stickers will be mailed daily and a \$1 handling fee will be charged. You should receive them within 5 business days. The stickers will be available

beginning on April 3, 2017. Bring your vehicle and boat registrations with you to get a sticker. Eligibility criteria is available at www.easthamptonct.gov. You are required to be a tax payer of East Hampton to launch a boat or get a pass to Sears Park. Park attendants will be on duty in mid-May; Sears Park will then be open at 7:00 am and close at 8:30 pm.

FEES: Vehicle Stickers: FREE: Boat Sticker: \$50*

DAY PASSES AVAILABLE AT THE GATE AT NO CHARGE WITH PROOF OF RESIDENCY

* THERE ARE NO DAY PASSES FOR CARS TOWING BOATS, OR FOR BOATS.

FACILITIES: All rental request forms are available online at www.easthamptonct.gov.

PAVILION: Residents of East Hampton can rent the Pavilion for events for full or half-day rentals. The fees are \$75/half-day or \$125/full day. All reservations require a security deposit of \$125.

LION'S PICNIC SHELTER: Sears Park patrons may use this shelter when it is not reserved. Reservations are posted daily on the small kiosk next to the shelter with the specific reservations for that day. There is no cost to reserve the shelter; however, a completed reservation form is required.

GOVERNOR WILLIAM A. O'NEILL PERFORMING ARTS GAZEBO: The Gazebo can be used for small, family-oriented performances and programs such as small musical performances, magic shows, plays, variety groups, etc. Music concerts are restricted to acoustic, instrumental or small jazz venues. Weddings and other special celebrations will be considered. Venues are lawn seating. The gazebo will not be used for loud bands and or concerts. The fees are \$75 per day and a \$25 additional fee is added on if electrical or stage lighting is required. All reservations also require a \$125 security deposit.

FREQUENTLY REQUESTED INFORMATION EAST HAMPTON LITTLE LEAGUE

www.easthamptonlittleleague.sportssignup.com For boys and girls ages 6 - 18 (by July 31 of the current year) Registration takes place in January 2017

PARKS & RECREATION

Practices for the season begin in late March Opening day is in April Fall season begins in September and is open for children ages 8 years and up

EAST HAMPTON TRAVEL BASEBALL

Tom Weyrauch - 860-881-7360

YOUTH FOOTBALL AND CHEERLEADING

www.ehyouthfootball.org
For boys and girls ages 7 - 14
Email: info@ehyouthfootball.org

EAST HAMPTON SOCCER CLUB TOWN RECREATIONAL LEAGUE

www.easthamptonsoccerclub.org
For boys and girls pre K-8
Spring season is late March-June
Registration for spring takes place in January
Fall season is late August-October
Registration for fall takes place in June

TRAVEL SOCCER

www.easthamptonsoccerclub.org For boys and girls ages 8 - 18 Email Soccer Club for tryout information

JOSEPH N. GOFF HOUSE

Contact: Brian Lemire - 860-467-4001

EPOCH ARTS

www.epocharts.org email: info@epocharts.org

Contact: Elizabeth Namen 860-365-0337

REGISTRATION AND PROGRAM INFORMATION

Program enrollments are accepted online at www.easthamptonrec.com. Registration forms are available online at www.easthamptonct.gov, at the Parks and Recreation office or in this magazine. All registration forms must include payment. Payment is required at the time of registration. All registrations are taken on a first come, first served basis. We accept MasterCard and Visa. Please make checks payable to East Hampton Parks and Recreation. Cash payments should be made in the office only. Please do not try to register or pay program instructors unless indicated.

Registration confirmations are available by e-mail if subscribed to on your main account page at www.easthamptonrec.com. No other confirmations are provided; however, if you have registered with us and paid, you will be on the final roster.

If you are unable to attend a program you have registered for, contact us before the program begins and we will issue a refund to you. Our ability to refund money for trip cancellations depends on our contractual agreement with the travel companies.

In the event of inclement weather, all programs are cancelled if school is closed or has an early dismissal. Cancellation information is posted on WFSB Channel 3 Early Warning Network. Households who have subscribed to the online registration site's e-mail notifications will receive an e-mail regarding the cancellation.

Program times are subject to change based on enrollment numbers. Programs will be cancelled if the minimum enrollment number is not reached.

SCHOLARSHIPS

Applications for reduced-tuition scholarships are available at the Parks and Recreation Office and online at www.easthamptonrec. com. Our guidelines follow the Public School's income guidelines for free or reduced-price lunches. All information is strictly confidential. Scholarships are available on a limited basis.

A portion of your enrollment fee may be put into your Special Revenue Program account for the East Hampton Parks & Recreation Department to maintain or enhance this program or other programs. This fund is not associated with the General Fund of the Town of East Hampton.

SEAMSTER PARK PLAYGROUND

Help support a Playground for the future!

The Town of East Hampton Parks and Recreation Department is asking for your help to join in and raise funds for a new 14,000 sq. ft. playground. This playground will provide the same square footage as the old playground and offer more play structures that are ADA compliant and meet today's CPSI standards. We have partnered with the company Play By Designs to bring you a state of the art, customized playground. Play by Design is a playground design firm that specializes in working with communities to design and provide safe, affordable, and unique volunteer-built playgrounds for children of all abilities. The playground design was created from the imaginations of the children of our Continued on page 16

Parks & Recreation ... continued from page 15

community. The designers of PBD put those ideas together to create something completely unique. There is no other playground exactly like this anywhere in the world. The challenging part is how to incorporate as many of those ideas while keeping the playground safe, challenging as well as aesthetic. All members of the design-and-build team are Certified Playground Safety Inspectors (CPSIs). They design according to the current ASTM and CPSC standards for playground safety, as well as the current ADA and ADAAG guidelines for accessibility. PBD have partnered with cutting-edge manufacturing companies where we can include their equipment as well. Essentially, you get the best of both worlds; a good balance of custom design and manufactured components.

The community built aspect of the process is priceless. It brings communities together for a common purpose - family. It leaves people with a sense of pride, accomplishment, and an incredibly aesthetic place to gather - a place that was designed by the children and built by the community.

Maintenance is another concern that is also important to discuss. You will find maintenance with any project, but our goal is to keep the maintenance down, starting at the beginning with the design (i.e., designing volunteer-friendly, detailed structures with high quality materials).

For more information on the process, to donate, or volunteer in the build please visit the Parks and Recreation website at www. easthamptonrec.com or call the office at 860-267-7300.

NATIONAL TRAILS DAY **FAMILY ADVENTURE**

Celebrate National Trails Day by exploring the Air Line Trail as it winds through Hebron, Colchester, and East Hampton. You may hike, bike, run, or walk to different stations along the trail. Start at any point along the trail. Experience arts and crafts, trail history, trail safety, nature interpretation, and others. Stop at three different locations and receive a prize. This is a fun day, and it's all for free.

Date: Saturday, June 3 Times: 10:00 am-12:00 pm

NEW YORK ON YOUR OWN TRIP

Join us and experience New York City decorated for the holidays. The tree will be up in Rockefeller Center, the air is crisp, and the mood is festive. Participants are dropped off in the Mid-Town area to enjoy shopping, dining, and sight-seeing. The luxury motor coach departs from East Hampton Town Hall at 7:30 am and departs New York City at 6:00 pm.

Cost: \$60 per person Date: Saturday, December 2

FAMILY FUN NIGHT IN SEARS PARK

Join us for a fun-filled evening in Sears Park. We will have games, prizes and a bounce house setup starting at 5:00 pm followed by popcorn, refreshments and a movie at 8:30 pm (refreshments available for a small fee). The movie LEGO BATMAN will be on the big screen in the William O'Neill Gazebo. Bring chairs or blankets and enjoy the show.

Cost: FREE

Date: Thursday, July 20 Times: 5:00 pm-10:30 pm

EXPLORE EAST HAMPTON WALKS

The East Hampton Parks and Recreation Department will sponsor a monthly walk in East Hampton called "Explore East Hampton Walks." This monthly series of walks is designed to introduce people to the history and beautiful natural resources of East Hampton. Come for a walk back in time and learn about the proud and glorious history of our town. It will also foster friendships, promote a healthy lifestyle, and help develop an appreciation for what has happened in the past in our town.

Most of the walks will be held on Sunday afternoon and many will end at the beautiful Chatham Historical Museum at 6 Bevin Boulevard. The walks are open to both adults and children. No dogs please.

June 4 1:00 pm-2:00 pm - Lake View Cemetery History Walk,

Lake View Cemetery

July 16 1:00 pm-2:00 pm - Ship Building in Middle Haddam,

77 Middle Haddam Road

August 6 1:00 pm-2:00 pm - History of the Air Line Railroad,

Chatham Historical Society, 6 Bevin Blvd.

DISCOUNTED SIX FLAGS, LAKE COMPOUNCE AND CT. SCIENCE CENTER TICKETS

Discounted Six Flags, Lake Compounce and Connecticut Science Center tickets are available at the Parks and Recreation Department during regular business hours beginning on June 5, 2017. Buy your tickets from us and avoid those long lines at the gate. Tickets are good any day during the 2017 season.

Fee: One time enrollment fee of \$5

Six Flags: \$38 (gate price \$65.99 or \$45.99 for under 48")

Lake Compounce: \$29 (gate price \$43.99 or \$33.99 for under 52")

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Parks & Recreation

jhall@easthamptonct.gov smullen@easthamptonct.gov syorker@easthamptonct.gov www.easthamptonct.gov



860-267-7300 (ofc); 860-267-7800 (fax)

MAILING ADDRESS:

20 East High Street; East Hampton, CT 06424

DROP-IN LOCATION:

240 Middletown Ave.; East Hampton, CT 06424

REGISTRATION FORM

(for most recreation programs)

NAME (& medical info*)	DATE OF BIRTH	GRADE	PROGRAM	SESSION #	DATE
1					
2					
3					
4					

*medical info. (list allergies, medicines, conditions, etc.)

CONTACT INFORMATION:	
HOME ADDRESS:	Home Phone #:
	E-mail Address:
MOTHER'S NAME:	Mother's Employer:
Day/Cell Phone #:	
FATHER'S NAME:	Father's Employer:
Day/Cell Phone #:	
ALTERNATE CONTACTS:	
Name/Relationship*:	Address:
	Day/Cell Phone #:
Name/Relationship*:	Address:
<u> </u>	Day/Cell Phone #:
Family Physician:	Office Phone #:

*(must be able to pick up participant if necessary)

Release:

I understand that participation in this (these) program(s) involves risks of personal and bodily injury, including but not limited to paralysis, heart attack and death, as well as loss or damage to property. I realize that activities such as this may be inherently dangerous activities and my decision to participate in all such activities is made in full recognition of these risks and is entirely voluntary. In consideration of your acceptance of this application, I agree for myself, my heirs, successors, and assigns to hold harmless the Town of East Hampton, Connecticut, its affiliates, subsidiaries and any other entity associated with this (these) program(s), and each of their directors, officers, agents, representatives, entirely entirely, successors and assigns from all liability on account of injury, loss claim, or damage to my body, health, wellbeing or property. I further authorize the personnel to act for me according to their best judgment in any emergency requiring medical attention. I understand that I am responsible for all financial liabilities arising from a situation involving medical treatment. I agree that the terms of this release is applicable to any and all of my dependents who take part in this (these) program(s).

Signature: Date:



HOW TO REGISTER: On-line registration, mail, fax, e-mail (as an att	achment), or drop off.	MasterCard
PAYMENT: Credit Card #	Expiration:	VISA
3 digit security code on back of card:	Check #:	

Parks & Recreation ... continued from page 16

HARTFORD YARD GOATS GAME - SEAMSTER PARK FUNDRAISER

Friday, July 28 vs. Reading - 7:05 Game Time Help us raise money for a great cause and experience Connecticut's newest baseball stadium! The Yard Goats will be taking on the Reading Phillies at 7:05. This event is limited to the first 50 people to sign up. Tickets are in the Right Field Porch section.

Cost: \$12 per person

VILLAGE CENTER FARMERS MARKET

Dates: Saturdays, May 27 - September 30

Times: 8:00 am - 1:00 pm

Come on down to the Village Center and enjoy fresh produce from local vendors. The market will be located in the Village center every Saturday from May 27 - September 30.

ONE DAY BASIC BOATING COURSE

Henry Moore of Professional Marine Education

A complete basic safe boating certification course taught in one (8 hour) day. Successful completion will allow the student to obtain a Connecticut Certificate of Personal Watercraft Operation. An easy to understand classroom format is designed for students age 12 and over. PRIOR TO TAKING THIS CLASS each student must create an account online at www.ct.gov/deep, then click "Purchase a Hunting/Fishing License" and click the START button. Create an account if you don't already have one, and then print the page that includes your Conservation ID number and bring it to class. Once we have entered your score in the DEEP system you will use your account to purchase & print the certificate after the class. Students should bring a pen or pencil to class.

Location: Sears Park Pavilion

Cost: Residents: \$90 Non-Residents: \$100 Dates: Saturday, June 17 Times: 8:30 am-4:30 pm

YOUNG HACKS ACADEMY

Academy Staff

Does your child have what it takes to lead in the 21st century? Young Hacks Academy is a summer camp that uses technology to develop real-world leadership skills. Blending computer programming, problem-solving, and teamwork, YHA teaches kids to build cool video games about big challenges facing the world today, such as climate change, homelessness, and endangered wildlife. As serious as we are about exploring technology, YHA is also committed to having fun away from the screen, moving campers outside each day for unplugged games like treasure hunts and riddle relays. No programming experience

is required. For more information, visit younghacks.com.

AGENT TRAINING (for Ages 9-12)

Whether its public speaking or collaborating with peers, YHA Agent Training models essential leadership techniques that will immediately help students in and out of the classroom. Agents tackle daily missions using Scratch, a user-friendly, visual programming tool that empowers students to quickly start developing their own video games and interactive stories. The challenge is to come up with a project that will not only entertain their friends, but also teach something about important topics that are impacting our local and global community.

BETA MASTERS (for Ages 12-15)

Imagine a small indie game studio that has 5 days to pitch, design and build a new video game. Following a real-world production cycle, YHA Beta Masters work in teams to develop an innovative game prototype from conception to completion. Campers will use the Stencil game engine to take their computational learning to the next level, creating original graphics and bringing them to life with Haxe coding. The program culminates with a beta release party for friends and family.

Location: East Hampton High School Computer Lab

Cost: \$330

For: Boys and Girls ages 9-15

Dates: Monday-Friday, August 14 - August 18

Times: 9:00 am-4:00 pm

DIGGIN UP DINOSAURS

Melanie Thompson

Calling all aspiring paleontologists! Get ready to dig and explore during this fun filled camp. You will learn about and make your own fossils, dig up dinosaur bones, make pterodactyl gliders, and so much more! Each day includes a lesson about dinosaurs, dino crafts and games, and a dino snack. *please let us know if your child has food allergies upon signup.

Location: Memorial School

Cost: \$110

For: Boys and Girls entering grades K – 2 Dates: Monday-Friday, July 10 - July 14

Times: 9:00 am-12:00 pm

DANCE CAMP

Melanie Thompson

Get ready to move and groove! Whether you are new to dancing or already an active dancer this is a wonderful way for you to play and create. Students will start the day with dance class learning and practicing dance moves from various styles. Students will work to create their own dances using stories and fairy tales

Parks & Recreation

for inspiration. We will also enjoy snacks and a craft daily. Come dressed in comfortable workout gear or your favorite dance costume.

Location: Memorial School

Cost: \$100

For: Boys and Girls entering grades K – 3 Dates: Monday-Friday, July 24 – July 28

Times: 9:00 am-12:00 pm

MOVIE MANIA

Melanie Thompson

Do you love movies? Then you will love this camp! Each day will be based on a popular kid's movie and will include crafts, games and snacks! Check out this great movie lineup: Frozen, Finding Dory, Zootopia, Trolls, and Star Wars. Activities include making frozen troll slime, creating puppets of various characters, and even solving a mysterious case like Dudy Hopps from Zootopia! Come join the fun! This camp is recommended for kids entering grades K-2. *Please let us know if your child has food allergies upon

signup.

Location: Memorial School

Cost: \$110

For: Boys and Girls entering grades K – 2 Dates: Monday-Friday, July 17 – July 22

Times: 9:00 am-12:00 pm

"WELCOME TO KINDERGARTEN" A CAMP FOR MEETING NEW FRIENDS AND HAVING FUN!

Stacey Gibson and Keri Evans

During this week of Camp your child will get to explore Memorial School while working in a kindergarten classroom doing a theme each day of FUN with crafting, playing, making snacks, and meeting new friends! We will be exploring books about KINDER-GARTEN, friendship, and YOU! Kindergarten ROCKS! Come to camp and find out all about it! (min. 10 students/max 24)

Location: Memorial School

Cost: \$90.00

For: Boys and Girls entering K Dates: Monday – Friday, July 17-21

Times: 9:00 am - 11:30 am

EXPLORING AND EXPERIMENTING

Heather Vigue

Do you like being outdoors, exploring and having fun doing hands on science experiments? Then this is the camp for you!

This week is full of adventure. Location: Memorial School

Cost: \$115

For: Boys and Girls entering grades 1 and 2

Dates: Monday-Friday, June 26 – June 30

Times: 8:30 am-12:30 pm

FAIRY GARDEN FUN

Stacey Gibson

During this week your child will get to read about, explore, and create a variety of fairy gardens! This camp will allow your child to create magical gardens for their fairies and even make fairies for the gardens! Each day will have a snack we create together, a book we share about fairies, and then we will be crafting and creating FAIRY FUN! Your child will make houses, accessories, and settings for fairies using a variety of materials, many found in nature! Come create the magic of fairy gardens.

For more information contact: sgibson@easthamptonct.org

(min. 10 students/ max. 20)

Location: Starts and ends in the lobby of Memorial School

each day Cost: \$90.00

For: Children ages 5-10

Dates: Monday - Friday, July 10-14

Times: 12:00 pm - 2:30 pm

ART AROUND THE WORLD

Kerri Daddazio

Take an art adventure around the globe! We will travel to a new place each day and explore the styles and techniques from different cultures to create art that reflects each country's unique culture.

Location: Memorial School

Cost: \$110

For: Boys and Girls entering grades 1 and 2 Dates: Monday-Friday, July 10 – July 14

Times: 8:30 am-12:30 pm

GET COOKING

Beth Haydu

From snacks to dessert, have fun making and sampling kid friendly treats! Take some home to share with your family!

Location: Memorial School Staff Lounge

Cost: \$110

For: Boys and Girls entering grades 1 and 2 Dates: Monday-Friday, July 10 – July 14

Times: 9:00 am - 11:30 am

CHROMEBOOK BOOT CAMP

Beth Haydu

Refine your Chromebook skills and get creative as we explore Google Docs and Toontastic. We'll even have some game time fun!

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Parks & Recreation ... continued from page 19

Location: Memorial School

Cost: \$100

For: Boys and Girls entering grades 3 and 4 Dates: Monday-Friday, June 26-June 30

Times: 12:00 pm - 2:30 pm

OUT OF THIS WORLD

Lisa Forcellina and Meghan Ryczek

Ever wonder what it's like to be an astronaut? Want to explore outer space? Here's your chance! Join us for a week of so much excitement, it'll be out of this world! Please bring a water bottle and snack to camp each day.

Location: Memorial School

Cost: \$100

For: Boys and Girls entering grades K - 3 Dates: Monday-Friday, August 7 - August 11

Times: 9:00 am - 12:00 pm

MAD SCIENTISTS

Lisa Forcellina and Meghan Ryczek

Get ready for a week of hands on experiences and experiments that explore the 5 senses! Please bring a water bottle and snack to camp each day.

Location: Memorial School

Cost: \$100

For: Boys and Girls entering grades K - 3 Dates: Monday-Friday, July 24 - July 28

Times: 9:00 am - 12:00 pm

NATURE LOVERS

Lisa Forcellina and Meghan Ryczek

In this summer camp, we will spend the week exploring nature around us. Get ready for lots of outdoor fun! Please bring a water bottle and snack to camp each day. We will be spending a lot of time outside so please apply sunscreen at home before camp!

Location: Memorial School

Cost: \$100

For: Boys and Girls entering grades K – 3 Dates: Monday-Friday, July 17 – July 21

Times: 9:00 am - 12:00 pm

BAKING CAMP

Lisa Forcellina and Meghan Ryczek

Calling all treats lovers! In baking camp, we will work together to follow yummy recipes and of course, taste test them too! You will also have the chance to decorate your own apron and make a cook book! Please bring a water bottle and snack to camp each day.

Location: Memorial School

Cost: \$115

For: Boys and Girls entering grades K – 3

Dates: Monday-Friday, July 10 - July 14

Times: 9:00 am - 12:00 pm

ROCKIN THE IPAD

Beth Havdu

Have fun making movies and creating books using apps on the

iPad. iPads will be provided for students to use.

Location: Memorial School

Cost: \$100

For: Boys and Girls entering grades 3 and 4 Dates: Monday-Friday, June 26 - June 30

Times: 8:30 am-11:00 am

CREATE & IMAGINE: Crafting, Stamping, Scrapbooking FUN! Stacey Gibson

During this week your child will get to make his/her personal scrapbook, learn how to stamp and make cards, and make a variety of homemade crafts! All supplies will be provided. The children will learn how to journal, stamp, make their own paper, and use scrapbooking tools to create a personalized album/cards! For this class, children are asked to bring in 20-30 photos to crop and add to scrapbook pages. We will have themed pages and layouts for the children to try to make with guidance and also allow the children to create their own style of pages too! Come and be ready to make a memory album, cards to create for others,

banners, and MORE!

For more information contact: sgibson@easthamptonct.org

(min. 12 students/max. 24)

Location: Starts and ends in the lobby of Memorial School

each day Cost: \$110.00

For: Children 5-10 years old Dates: Monday - Friday, July 24-28

Times: 9:00 am - 12:00 pm

OLYMPIC CAMP FOR KIDS!

Stacey Gibson and Bob Boscarino

During Olympic camp your child will have the opportunity to try his/her hand at a variety of sports and gym games. The children will work together as teams. We will create team names, banners, crafts, and tasty themed treats to go with the Olympic theme! There will be a lot of FUN and exercise throughout the day. Games, events, crafting, moving, working together, & FUN! For more information contact: sgibson@easthamptonct.org (min. 12 students/max. 24)

Location: Starts and ends in the lobby of Memorial School

each day Cost: \$100.00

Dates: Monday - Friday, July 10 - 14

Times: 8:30 am - 11:30 am

Parks & Recreation

YOGA AND MINDFULNESS SUMMER ENRICHMENT Jillian Davidson and Cindy Mazzotta

Do you love to do yoga? Or maybe you've always been interested and haven't had the time to learn. Are you looking for some relaxation and creative time with friends? Then join us for a summer yoga and mindfulness class. Some of the activities will include; yoga moves, stretching, guided meditation, team/partner activities, crafts/take-a-ways, singing songs and spending time in nature. What you need to bring: Yoga mat/towel and a snack with a water bottle. Wear comfortable clothes and sneakers.

*Minimum of 10 children needed Location: Memorial School Cost: \$115 per child

For: Boys and Girls entering grades K – 5 Dates: Monday-Friday, July 24 – July 28

Times: 9:30 am-12:30 pm

BAND CAMP

Neil Shilansky, EHMS Music Teacher

This program consists of specialized music instruction designed to provide students with a positive and encouraging musical experience. Students must have at least one year of experience on their instrument. Students will have an opportunity to perform an informal concert on Friday. Students should bring their instrument, snack, water bottle, sunscreen, hat, and wear sneakers. Location: East Hampton Middle School Music Room

Cost: \$100

For: Boys and Girls entering grades 5-9 Dates: Monday-Friday, June 26-June 30

Times: 9:00 am-12:00 pm

SOCCER CAMP FOR GRADES K-3

Lisa Forcellina and Meghan Ryczek

Join us for 5 days of soccer fun! In this camp, we will work on basic skills for soccer, have relay races, make jerseys, and of course, play soccer! Please bring a water bottle and a snack to camp each day. We will be spending a lot of time outside so please apply sunscreen at home before camp.

Location: Memorial School

Cost: \$115

For: Boys and Girls entering grades K – 3 Dates: Monday-Friday, June 26 – June 30

Times: 9:00 am - 12:00 pm

EAST HAMPTON CHEER CAMP Holly White

This interactive and exciting camp is for students entering Kindergarten through 8th Grade. Areas of development will include all aspects of cheerleading including tumbling, stunting, jumps, dance, team building activities as well as a big brother / big sister

buddy system for all participants. Teams will be created by age and they will partake in coaching sessions with EHHS Cheerleaders and coach Holly White, a CT certified coach with 7 years of coaching experience at the competitive level. Athletes of all skill levels are welcome. Cheerleaders should dress in a T-shirt and spandex shorts and should bring water, snack and a lunch.

Location: East Hampton High School

Cost:

Full Day: \$180 Half Day: \$90

For: Boys and Girls entering grades K – 8 Dates: Monday-Friday, June 26 – June 30 Times: Grades K – 2: 9:00 am – 12:30 pm;

Grades 3 - 8: 9:00 am - 4:00 pm

ALL SPORTS CAMP

Greg Ruel

Participants choose from clinics or recreational activities. Times and activities are detailed on the registration form available at www.easthamptonct.gov or at the Parks and Recreation office. Campers must bring lunch and plenty of fluids. Space is limited. Participants should bring any equipment they have for their chosen activities (i.e. gloves, racquet, etc.) A special registration form is required to sign up for this program.

Location: East Hampton High School Athletic Fields

Cost:

1 Session: \$75 2 Sessions: \$125 3 Sessions: \$175 4 Sessions: \$200

For: Boys and Girls entering grades 2-7 Dates: Monday – Friday, July 24–July 28

Times:

Session I: 8:15 am-10:15 am Session II: 10:30 am-12:30 pm Session III: 1:00 pm-3:00 pm

GIRLS VOLLEYBALL CLINIC

Matthew Warner

The East Hampton Summer Volleyball Clinic offers two volleyball experiences: the morning session is a fundamental skills clinic and the afternoon session is an advanced, high school pre-season clinic. Each session is tailored to the skill level of the participants, while designed to teach the sport, have fun, advance skills, and expand the love of volleyball.

SESSION 1: The most effective way to introduce volleyball to younger aged athletes is to introduce the fundamental skills and techniques specific to volleyball that players must master

Continued on page 22

Parks & Recreation ... continued from page 21

over time. This session takes the energy and excitement of this great team sport and puts it all together into one fun-filled camp. All aspects of the game are taught through drills and exercises that focus on passing, setting, hitting and serving. This program is designed for all experience levels (beginner to advanced) and will incorporate essential life-lessons such as teamwork and sportsmanship. Athletes will develop and enhance fundamental skills of the game through game-based drills and scrimmages.

SESSION 2: Geared for the more experienced player, this session pushes participants to extend their learning and ability to compete at their highest level. Session 2 is open to high school students only and will focus on positional skill development and team offense/defense strategies that are utilized in high school programs. This session will emphasize specific positional skills development and incorporate learning into small, task-driven games and 6 on 6 scrimmages. Furthermore, participants will be expected to apply their learning into offensive and defensive schemes that emphasize volleyball concepts in teams and systems.

Location: High School Gym Cost: \$100 per session

For:

Session I: Girls entering grades 6-12

Session II: Girls entering grades 9-12 (advanced players, must be

approved by Coach Warner)

Dates: Monday - Friday, August 14 - August 18

Times:

Session I: 9:00 am – 12:00 pm Session II: 12:30 pm - 3:30 pm

ALL SPORTS AND ART CAMP

Bob Boscarino and Carol Pinto

Students entering first to fourth grade will get freedom to choose how to spend each day. They can choose half, or all of camp, either in the art room with Ms. Pinto or playing sports and games in the gym with coach Boscarino. Please apply sunscreen each day of camp, and send a small snack and water bottle each day. Awards will be given out throughout the program to recognize the children for their efforts.

Cost: \$95

For: Boys and Girls entering grades 1-4 Dates: Monday - Friday, June 26 - June 30

Times: 9:00 am-12:00 pm

CRAFTS AND SPORTS CAMP Bob Boscarino and Beth Haydu

Location: Memorial School Gym

Students can choose half or all of camp, doing arts and crafts or sports activities. Please have children bring a snack. We will be the children a snack break before changing or staying with their activities. Children may change activities on a daily basis. Awards

will be given throughout the week. Location: Memorial School Gym

Cost: \$85

For: Boys and Girls entering grades 1-4

Dates: Monday, Wednesday, Thursday, Friday, July 3 - July 7

(no camp July 4)

Times: 9:00 am-11:30 am

CRAFTS AND BAKING WITH FANCY NANCY

Jaime Sullivan and Carol Kelly

If you love to bake and craft then this is the camp for you! During the week we will bake a variety of goodies and end our week with a Fancy Nancy tea party! Each day we will bake something new and create many exciting crafting projects to prepare for the tea party. We will be creating gorgeous butterfly place mats, fancy fans, centerpieces and so much more. Come and join us for a fun filled week!

Location: Memorial School

Cost: \$130

For: Boys and Girls entering grades K-4 Dates: Monday - Friday, July 10 - July 14

Times: 9:00 am - 2:00 pm

PIRATES AND PRINCESSES

Jaime Sullivan

Ahoy, Matey! During our adventurous mornings, we will read stories about pirates & princesses, make many pirate/princess crafts, and play pirate/princess games! At the end of the week, students will go on a treasure hunt to find the buried treasure.

Location: Memorial School

Cost: \$110

For: Boys and Girls entering grades 1-4 Dates: Monday - Friday, July 26 - July 30

Times: 9:00 am - 12:00 pm

MINI HAWK AND TINY HAWK MULTI-SPORT CAMPS Skyhawks Staff

There's no pressure, just lots of fun while these young athletes participate in different sports. Our coaching staff is trained to meet the specific needs of young children and is committed to helping them start off on the right foot as they venture into athletics.

Location: East Hampton Middle School Athletic Fields

Cost: Mini Hawk: \$119; Tiny Hawk: \$65

For: Mini Hawk: Boys and Girls ages 4-7; Tiny Hawk: Boys and

Girls ages 3-4

Dates: Monday-Friday, August 14 - August 18 Times: Mini Hawk: 9:00 am - 12:00 pm;

Tiny Hawk: 12:15 pm - 1:00 pm

Parks & Recreation

RAY REID SOCCER SCHOOL - YOUNG STARS CAMP

East Hampton Soccer Club's philosophy and purpose of this camp is to teach individual and team skills at a level equal to or above the child's ability in a positive environment. Sportsmanship, teamwork, and fair play are emphasized. Parents must meet their child at the field at the end of each day.

Location: East Hampton High School Athletic Fields

Cost: \$160

For: Boys and Girls entering grades 1-8 Dates: Monday-Friday, July 17-July 21

Times: 9:00 am-12:00 pm

BABY-SITTING CERTIFICATION COURSE

American Red Cross Instructors

Participants ages 11 1/2 and up are taught the practical skills needed to become a certified baby-sitter. Participants should bring a pen, paper, snack, lunch and a drink. Parents must sign participants in and out of class.

Location: Sears Park Pavilion

Cost: \$120

For: Boys and Girls ages 11 1/2 and up

Dates: Saturday, July 22 Times: 9:00 am-4:00 pm

SKYHAWKS BASKETBALL

Skyhawks Staff

Using our progressional curriculum and focusing on the whole player, we teach your child the skills they need both on and off the court to be a better athlete. Our sport specific staff will focus on respect, teamwork and responsibility as they will start each day with a 'skill of the day' and progress in to drills and games making an unforgettable camp experience for your young athlete.

Location: Memorial School Gym

Cost: \$119

For: Boys and Girls ages 6-8

Dates: Monday-Friday, July 31-August 4

Times: 9:00 am-12:00 pm

FIVE TOOL ALL STAR BASEBALL CAMP

Scott Wosleger, Wesleyan University Baseball Coach

This clinic features age appropriate, comprehensive instruction from high school, college and professional coaches and players. Hitting, fielding, pitching, and mental training are all covered. Location: East Hampton Middle School Baseball Field

Cost: \$95

For: Boys and Girls ages 7-10

Dates: Monday-Thursday, *Rain Date Friday*

Session I: June 26 – June 29 Session II: July 17 – July 20 Times: 9:00 am–12:00 pm

SKYHAWKS VOLLEYBALL

Skyhawks coaching staff

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun-filled camp. All aspects of the game are taught through drills and exercises that focus on passing, setting, hitting and serving. This co-ed program is designed for the beginner to intermediate player and will incorporate essential life-lessons such as teamwork and sportsmanship. Our volleyball staff will assist each athlete in developing the fundamental skills of the game through game-based drills and daily scrimmages aimed at developing the whole player.

Location: East Hampton Middle School

Cost: \$119

For: Boys and Girls ages 10-14 Dates: Monday – Friday Times: 9:00 am – 1:00 pm

OFFENSIVE BASKETBALL CLINIC

Coach Russ Hill

This basketball clinic is for all ability levels. Each player receives 2 1/2 hours of individualized instruction each day. Coaches focus on skill development. Times are subject to change based on sign up numbers.

Location: East Hampton Middle School Gym

Cost: \$95

For: Boys and Girls entering grades 4-11 Dates: Monday-Friday, June 26-June 30

Times: 9:00 am-11:00 am

SHORIN-RYU KARATE

Ryan I. Santos 3rd Degree Black Belt (Sandan)

Shorin-Ryu Karate was developed in Okinawa, the birthplace of karate, and is considered to be a traditional form of Martial Arts. East Hampton Parks and Recreation Department has been offering the opportunity to study this art to its residents since 1993. The program has been modified now and offers a beginners and intermediate class to children 7 years old and up, and is a year round program. Other than the monthly fee, there are NO additional charges for rank certification. Certification will be issued by Wil Santos, internationally licensed Master Instructor of Shorin-Ryu Karate and founder of the program. Ryan I. Santos, son of Wil Santos, has been studying Shorin-Ryu Karate now for over two decades and holds the rank of Sandan (3rd degree Black Belt), and will guide participants in all aspects of this historic art of defense.

Registration is limited to 10 students per class. Location: Center School Gym (until June 13)

Sears Park (after June 13) Cost: \$25 per month Continued on page 24

Parks & Recreation ... continued from page 23

For: Boys and Girls ages 6 and up

Dates: Tuesdays

Times: Intermediate: 5:00 pm - 6:30 pm;

Beginner: 6:30 pm - 7:30 pm

PLAY-WELL TEKNOLOGIES

LEGO CAMP

Play-Well Staff

This camp teaches kids the fundamentals of engineering using LEGO products. Your child will get to create, play and learn in a fun, supportive environment. This camp is fun, challenging, hands-on, and minds-on. Suitable for LEGO novices to "maniacs."

Location: East Hampton Middle School Library

Cost: \$150

Session I: Boys and Girls ages 5-6; Session II: Boys and Girls ages 7-12 Dates: Monday-Friday, July 10 - July 14 Times: Session I: 8:00 am - 11:00 am Session II: 12:00 pm-2:45 pm

LITTLE PEOPLE'S CAMP

Laurie Wosleger

Our Little People sure feel like big kids when they go to camp. They will do crafts, play indoors and outdoors, and enjoy a story and snack under a shady tree with their buddies. Participants should bring a snack and a drink daily. Don't forget to apply sunblock before coming.

Location: Memorial School

Cost: \$65

For: Boys and Girls ages 3-6 (must be potty trained)

Dates: Monday-Friday Session I: June 26 - June 30 Session II: July 10 – July 14 Session III: July 17 - July 21 Session IV: July 24 - July 28 Times: 9:00 am - 11:00 am

TAI CHI CLASS

Tom Cushing

Tai Chi employs the practice of moving energy (qi) through the body. The internal practice of moving this energy is called Qigong. Qigong is the critical component said to make Tai Chi more effective than traditional exercise. Tom Cushing teaches a unique and interactive style called Hun Yuan which incorporates the fluid movement of traditional forms with qigong for health.

Location: East Hampton Senior Center

Cost: \$80

For: Adults 50 and over

Dates: Tuesday

Session I: March 1 – April 19

Session II: May 23 - July 18 (No Class July 4)

Times: 6:00 pm-7:00 pm

AMERICAN RED CROSS SWIMMING LESSONS **Certified Lifeguards**

All swim lessons are taught at Sears Park by American Red Cross certified lifeguards. Levels and ages are approximate and there to guide you in determining the appropriate class for your child. You can view your child's past swim lesson levels by logging into your online account and viewing past activities. If you would like to know if your child passed their class last year, or need assistance in placing your child in a level, call us. Lessons are canceled for heavy rain, lightning, or thunder. If the weather is not suitable for lessons to take place in the water, the class will meet for a safety day in the pavilion.

Parent and Child Aquatics

Location: Sears Park Beach

Cost: \$70 for first child; \$40 for each additional child

For: Boys and Girls ages 6 mo. - 3 years

Dates:

Session I: July 3 – July 14

(makeup date is July 17, no lessons July 4)

Session II: July 18 – July 28 (makeup date is July 31)

Times:

10:00 am-10:30 am 10:30 am-11:00 am 5:00 pm-6:00 pm

Limit: 8 participants per class

Learn To Swim Levels 1-6

Location: Sears Park Beach

Cost: \$60 for first child, \$30 for each additional child

For: Boys and Girls ages 4-10 and up

Dates:

Session I: July 3 - July 14

(makeup date is July 17, no lessons July 4)

Session II: July 18 – July 28 (makeup date is July 31)

Times:

10:00 am-10:45 am 11:00 am-11:45 am 5:00 pm-5:45 pm

6:00 pm-6:45 pm* *Session I only Limit: 9 participants per class

Basic Water Rescue

Location: Sears Park Beach

Cost: \$75

Parks & Recreation

For: Boys and Girls ages 11–15

Dates: July 3 – July 14 (makeup date is July 17)

Times: 6:00 pm-6:45 pm Limit: 9 participants per class

SEARS PARK SUMMER CAMP Camp Director: Heather Holbrook

Sears Park Camp is an eight-week day camp held at Sears Park. The campers have a blast! Each day offers activities such as crafts, sports, and games. The entire camp goes swimming and has sand castle contests most afternoons. Each week there will be a special theme and field trip. Swimming is fully supervised by our ARC Certified Lifeguards and camp staff. The camp staff is CPR/First Aid Certified. Participants can sign up for one week at a time or for all eight sessions. Campers should bring a lunch, snacks, drinks, water bottle, sunblock, swimsuit, and towel. Everything should be labeled with the camper's name. A backpack is recommended. Please leave all electronics at home.

For: Boys and Girls entering grades K-6 in the fall of 2017 Camp Hours: Monday-Friday 9:00am-3:00pm Weekly tuition: \$135 first child, \$115 per sibling Week of June 19 – June 23 (no camp June 19), and July 3 – July 7 (No Camp July 4): Weekly tuition: \$120 first child, \$100 per sibling

Payment for the first week of camp plus a \$25 per child per week non-refundable deposit is required to enroll. You will not be enrolled in camp until these deposits are received. Tuition is due by Wednesday for the following week. Field trip costs are included with tuition.

Sessions	Themes	Field Trips
June 20 - June 23	Hello Friends	Nomad's Adventure
		Quest
June 26 – June 30	Camp Detectives	Gillette Castle
July 3 – July 7	America "Rocks"	Central Rock Gym
July 10 – July 14	Old Camp Days	Camp Carnival and
		Knockerball
July 17 – July 21	Commotion	Harkness State Park
	in the Ocean	
July 24 – July 28	Leaping Lizards	Bounce U
July 31 – August 4	Down on the Farm	Ray of Light Farm
August 7 – August 11	Last Splash	Camp Picnic

Extended Care:

Available in weekly one-hour blocks: 8:00-9:00 am, 3:00-4:00 pm and 4:00-5:00 pm. The cost is \$30 per block, per week (\$25 for the week of June 19 – June 23 and July 3 – July 7). Pre-registration is required for all extended care. Payment for the first week your child will be attending camp, including extended care fees for the

first week and the required deposits for subsequent weeks need to be submitted to the Parks and Recreation Department to be enrolled. Checks should be made payable to East Hampton Parks and Recreation if paying with a check. Online registration is available at www.easthamptonrec.com.

KIDS WHO READ...SUCCEED: LIBRARY IN THE PARK.

How Cool is That?

Once a week, the staff of the East Hampton Public Library will deliver a variety of books and reader services to Sears Park Campers in cooperation with the Parks and Recreation Department. Campers may check out books at the park provided they have a library card. The library will work with parents by mail and by phone to make it easy for campers without a card to obtain one before camp starts. Our campers love this collaboration. For questions contact the Public Library at 860-267-6621.



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TRAVEL TO CHINA IN 2018 WITH THE EAST HAMPTON **PUBLIC SCHOOLS!**

The Superintendent of Schools, Paul K. Smith, an avid studier of the Chinese education

> system is leading a tour of China in June 2018 to all interested teachers. families, and commu-

nity members. Mr. Smith first traveled to China in 2008 as part of an exchange program for Connecticut Principals. Since that visit he has returned four times bringing over 150 Connecticut teachers, students, and guests with him.

According to Smith, "One of

the best experiences for American educators and citizens is to get to know the Chinese people directly by participating in educational exchanges and opportunities to share ideas." Since Smith's arrival in East Hampton in January 2016, three delegations of Chinese Principals have visited the town and schools spending the time in classrooms and learning about the American education system.

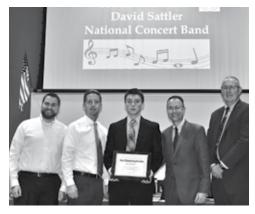
Smith has traveled throughout China and most recently was invited to provide professional development to over 100 teachers in the Jilin Province of China. He has visited schools in Tibet, bringing English books for the students as children in China learn English beginning in the third grade. In addition, he has established a sister school arrangement with the Jigang School in the city of Jinan, the capital of the Shandong Province.

The 10-day tour in June 2018 will coincide with the School vacation and will feature highlights of three major cities in eastern China. The tour begins in Beijing, the capital of China which features visits to the Forbidden City - China's Imperial Palace, Tiananmen Square - the largest public square in the world, the Lama Temple - the most renowned Buddhist temple outside of Tibet, and the Great Wall of China. The group will travel to Ti'an to the south and visit Taishan Mountain, considered to be one of the five sacred summits of China. Rounding out the experience will be a visit to the city of Shanghai, featuring modern and ancient architecture, along with a distinct European influence. A visit to a local school to meet with teachers and students will be included as part of the experience. Smith has invited teachers, staff members, and students to be part of this experience but has also made it clear that the tour is open to families and community members.

Anyone who is interested in participating or getting more information may contact Mr. Smith at 860-365-4000.

East Hampton High School EAST HAMPTON MUSICIANS RECEIVE REGIONAL AND NATIONAL RECOGNITION

Emma Peltier and David Sattler have both been having stellar school years in the realm of music at East Hampton High School. The two students recently returned from the National Association for Music Education (NAfME) All-Eastern Music Conference held in New Jersey, an experience they touted as exceptional and eye-opening. To gain acceptance into this prestigious conference, Emma and David had to audition at the end of their junior year. Both were accepted into the conference, Emma as a soprano voice and David as a trombonist. When asked about the experience, David stated that he "had learned a tremendous amount from the University of North Texas band director and came away with a new understanding of how an



ensemble should come together." For her part, Emma was "honored to work with a tremendous group of people striving for perfection, even with several unexpected changes in directors. It was an awesome experience." Of particular note was David being named to first chair for the trombone with the additional honor being part of the concert band that broke a world



speed record during their performance of Overture in Five Flat.

Other recognitions this year include David's acceptance into the NAfME All-National Music Conference held in Texas where he played first chair for the trombone, and Emma's being one of two Connecticut Association of Schools Arts

Award recipients for the high school. When asked about their contributions in the music department, choral director Ehren Brown stated "Emma Peltier has been consistently recognized as one of the finest high school vocalists in the state and entire region of the country. She has shown consistent dedication to our school musical ensembles, and is a leader in our choirs as well as a frequent soloist. Emma continues to improve and learn, as demonstrated not only by her many vocal achievements, but also through teaching herself new instruments such as ukulele and saxophone while at EHHS." With regard to David, our instrumental

director Andrew Groves stated that "David Sattler is a rare combination of talent and dedication. He is an undeniably skilled musician, but he has worked incredibly hard since starting in 4th grade to reach such impressive heights. I can list on one hand the number of schools who have sent the principal chair trombone to both the NAfME National Honor Ensemble and the Eastern Division Honor Ensemble."

These honors come as no surprise to the East Hampton High School Music Department. Both students have consistently shown maturity, dedication, growth, and leadership over their four years. In addition to participating in the various vocal and band ensembles at the high school, Emma has also participated in the CMEA Southern Region and All State Choirs. For his part, in addition to the Concert Band, Marching Band, and Jazz Ensemble, David has performed regionally with the Greater Hartford Youth Wind Ensemble (based out of the Hartt School of Music) as well as the Shoreline Conference, UConn, Southern Region, and All State honor ensembles.

Both students have been a constant source of pride for the music department and for the school. We wish them the best as they continue on their musical journeys.



VFW TEACHER OF THE YEAR -TWICE!

For the past two years, East
Hampton High School has
been proud to claim that faculty
members from the social studies
department have received
recognition as VFW High School
Teacher of the Year at the district
level and, for one teacher,
additional recognition at the state
level. Last year, Melissa Reynolds,

left, received the 2016 District Level VFW High School Teacher of the Year Award for VFW Post 5095. She then went on to receive that same award at the state level, a tremendous honor. This year, Samantha LaBonte, right, has been recognized as the 2017 District Level VFW High School Teacher of the year for VFW Post 5095. To have two teachers recognized in such close proximity to each other has been an honor for the school and is a testament to the work that both of these women do both in their department and in the greater school community.



The intent of the VFW award is to recognize teachers who promote civic responsibility, flag etiquette and patriotism. Through their work in the department, both Melissa Reynolds and

Samantha LaBonte have put this at the forefront of their teaching. As part of their Civics classes, students are required to attend local town meetings, observe the workings of their local government,

and complete an assignment reflecting on what they learned through that process. In their United States History classes, local speakers are invited in to bring an authentic experience and voice to the classroom instruction while deepening the school's ties to the community. This year, the two teachers collaborated to change the way we think about and celebrate Veteran's Day at the high school. Working with VFW Post 5095, the two coordinated an assembly presentation that included celebratory music from our band and chorus, speakers from the school and community recognizing the importance of the day and the contributions of our veterans, and finally an emotional send-off for a community member serving in the armed services about to be deployed overseas. This was the first time the school had celebrated the day in such a manner and it heightened everyone's awareness of what Veteran's Day really means.

As we move further into the 21st Century, both teachers have embraced and incorporated technology into their instruction as a powerful tool, useful to students and teachers in making learning more efficient and effective. Google Classroom is a staple in both classrooms, utilized as a manner of sharing information and completing assignments. Research projects have become primarily technology-driven with students using online databases and search engines to complete their papers and projects. Student presentations as well have become technology-based with audio, video, and other imagery routinely accompanying text and verbal presentation. As students prepare to move on with their post-secondary plans, they are fortunate to have had Mrs. Reynolds and Mrs. LaBonte as teachers providing them with a true sense of civic awareness and responsibility combined with a tremendous preparation for the world they will enter. Congratulations to both teachers on receiving their awards!

East Hampton Middle School EAST HAMPTON PUBLIC SCHOOLS PARAEDUCATOR OF THE YEAR

The East Hampton Board of Education recently announced Tammy Angeli as the 2017-18 Paraeducator of the Year. Mrs. Angeli works at the East Hampton Middle School and was selected by a committee of teachers and administrators for this annual honor.

As a result of being named East Hampton's Paraeducator of the Year, Mrs. Angeli now will be considered for the State of Connecticut Paraeducator of the Year. The Connecticut State Department of Education and the Connecticut School Paraprofessional Advisory Council established the Anne Marie Murphy Paraeducator of the Year Program to recognize the important role of the paraeducator in supporting student achievement. The award is named in honor of Anne Marie Murphy, a paraeducator who was killed in the Sandy Hook shooting. The program honors one paraeducator in



each school district who has demonstrated exceptional skill and dedication in the performance of his/her job, thereby earning that person the respect and admiration of other paraeducators, students, teachers, administrators, co-workers and parents.

Mrs. Angeli was nominated by several teachers at the Middle School who describe her as a "fantastic" paraeducator who is an essential component of the Grade 8 Language Arts classrooms. Her nominators indicated that "her seemingly effortless interactions could be used as a training model for anyone beginning the difficult role of paraeducator." The

teachers love having her in their rooms as she facilitates a smooth operation of the class and maximum support available for every student. No one is shy about singing her praises.

"Mrs. Angeli is always willing to help any student who asks and is quick to see problems before they arise. She doesn't need to be told what to do by a learning teacher in the room - she's already doing it. The kids know her as an expert in the lessons we teach and trust her help and guidance. From years of working the same classes and diligence on her part, she's learned the curriculum and is an expert in helping students with their work. She is kind, thoughtful, and an asset to East Hampton Middle School and an irreplaceable resource for both teachers and students. She is always upbeat, positive, and caring in her approach; someone in whom trust and excellence are the rule, not the exception."

Congratulations to Tammy Angeli!





EAST HAMPTON TEACHER NAMED "LIFE CHANGER OF THE YEAR"

The East Hampton Public Schools were honored to learn that Mr. Richard Storrs, Social Studies Teacher at East Hampton Middle School was recognized as a 2017 Life Changer of the Year. The Life Changer of the Year is an annual program funded and run by National Life Group Foundation that recognizes and rewards K-12 educators and school employees across the country. The program aims to

honor those who are making a significant difference in the lives of students by exemplifying excellence, positive influence and leadership.

Mr. Storrs' classroom represents everything that is positive in education today. Asking students to think in the classroom is not necessarily a new idea, but when you step into Mr. Storrs' social

studies class, you do not feel like you are in a traditional classroom. You immediately feel like you are a part of the exploration.

Those who enter Mr. Storrs' classroom seem to step into a room in which the bond between student and teacher is much more like player and coach. The mood may be more casual, but make no mistake, the learning is very powerful. Mr. Storrs treats every student who walks through his doors like a full participant in a conversation, a debate or a Socratic dialogue. Students may use technology and/or primary sources, but there is no doubt that they are using their minds. As you are watching this experience unfold, you realize you are in a middle school classroom!

It's easy to see the passion that Mr. Storrs has for social studies, but even more evident is his passion for students and their growth. He is a Life Changer because every student under his instruction grows, is nurtured and achieves!

A profile of Mr. Storrs and all of the outstanding educators named as national Life Changers are available at www.LifeChangeroftheYear.com.

MEMORIAL DAY TRADITION AT EAST HAMPTON MIDDLE SCHOOL

On Friday, May 26th East Hampton Middle School will host its annual observance of Memorial Day at 9:00 am. The ceremony will consist of speeches, patriotic music by the band and chorus, and student poetry readings. As a special guest speaker, the school is honored to welcome the Air National Guard State Command, Chief Master Sergeant Robert Gallant. He has served two tours of duty in Afghanistan and Qatar and will be retiring at the beginning of June. VFW Ladies Auxiliary Post 5059 representatives will also be at the tribute to present awards to the winners of the 2016 Patriots Pen Essay contest. The Middle School welcomes any active service members and Veterans to join them for this observance. Anyone interested in attending should call the Middle



School at 860-365-4060 to allow for the school to make arrangements to accommodate any special needs of veterans. Each year the student body looks forward to sharing this special observance ceremony with those who have served the United States.





EAST HAMPTON STUDENT ARTIST IS A SILVER KEY WINNER

The Board of Education recently honored East Hampton Middle School Student, Danielle Adams, who was honored with a SILVER KEY Award in the prestigious Connecticut Regional Scholastic Awards. Student artwork is juried by professional artists and university art faculty and is selected on merit for inclusion in a statewide art exhibition held at the University of Hartford Art School. Beyond the honor of being

selected for this high quality exhibit, students may be awarded Silver Key Awards for outstanding achievement in each of 17 media categories.

Memorial Elementary School MINDFULNESS AT MEMORIAL SCHOOL

Mindfulness is paying close attention to the present moment. Children are regularly asked to "pay attention" by caregivers and teachers. But when do we really ever teach children how to pay attention? This year at Memorial Elementary School, Cindy Mazzotta and Jillian Davidson, second grade teachers, are actively teaching their students and staff members how to be mindful. Their efforts began by attending a professional development training sponsored by Yoga4Classrooms of Dover, New Hampshire. They returned to their classrooms ready to imple ment the initial stages of mindfulness and to inspire others to learn how to truly pay close attention. Students are benefiting tremendously from connecting to their emotions, stretching their bodies and relying on themselves to identify times in which they need to calm down. Throughout the day, mindfulness and yoga are evident in many Memorial classrooms where poses are used to get ready for the day, to re-center, and to get ready for a new lesson or assessment. Mindful moments include mandala coloring and Zen Doodling. Students also participate in imagination vacations, which allow them to connect with themselves



and their feelings within the school day. Mindfulness props such as Zen chimes and Hoberman Spheres help students to re-center and take breaths throughout

the day. Families are sharing wonderful experiences as their students teach them how to mindfully pay attention. Memorial School finishes out each year with Fun Days, a week of outdoor activities with our PE coaches and parent volunteers. This year, Mrs. Mazzotta and Mrs. Davidson are excited to provide a yoga station activity for grade 2 students and look forward to expanding it to more grades next year. In the fall of 2017, Mrs. Mazzotta and Mrs. Davidson will travel to Dover, NH to become IMPLEMENT trained so they can lead a school-wide mindfulness initiative supporting physical, social and emotional health and wellness, learning-readiness, and a positive school climate.

Center Elementary School



CENTER SCHOOL MUSIC PROGRAM

The Center School Music Program provides students with a range of opportunities to explore and expand their musical knowledge and skill. Beyond the universal music class that all fourth and fifth graders participate in weekly, students can join the instrumental band or chorus. Annually, the fifth grade band performs two formal concerts - one in December and the second in May. These events are an opportunity for family and friends to celebrate and support the efforts and growth of our young musicians.

Preparation for these concerts takes multiple forms. Students participate in weekly instrument lessons and attend a weekly band rehearsal with the full fifth grade band. Our fourth grad ers - new to their instruments - do not participate in a public performance until February when they perform at the 4th Grade Parent Demonstration. This event begins with video evidence of the students' beginning skill levels at the start of the year and is followed by an opportunity for students - as a whole and in instrument groups - to showcase their progress and increased skill level. By spring, fourth graders are ready for a more formal performance and participate in the spring concert with their fifth grade classmates.

The Center School Chorus rehearses weekly with the choral director. A cross-grade group of all interested fourth and fifth graders, the Center School Chorus is our largest school group with well over 100 student participants. Our Friday rehearsals are energetic, but highly focused as students learn multiple numbers to perform in our bi-annual concerts. Song complexity ranges, but technical skills and challenges are always included. Last year students performed a song in Japanese and most recently wowed crowds with a song sung in rounds at the Winter Concert.

The Center School Music Program is led by Mrs. Lois Sprague and Mr. Ehren Brown. Mrs. Sprague provides instruction for all students in their weekly music class, but also directs our band and leads all instrument lessons. She first engages our students when they are third graders and introduces them to the range of instruments they could play at an "Instrument Petting Zoo" held at Memorial School. Parents of incoming fourth graders can then visit Center School on May 18th at 6 pm to learn more about signing their student up to participate in music lessons and to learn details about instrument rentals or purchases. Mr. Ehren

Brown splits his time between Center School and East Hampton High School where he also serves as Choral Director. His leadership of the Center School Choral Program truly showcases our district-wide vision to provide high quality arts instruction to our students that allows them to progress in their skills over time. Being knowledgeable of the potential musical destination of our students in high school, Mr. Brown infuses relevant and foundational skills in this first exposure to chorus participation. Mrs. Sprague and Mr. Brown's leadership of our music program enhances the overall programming of Center School and creates not only a rich learning landscape for our children, but provides a wonderful sense of community through these shared events. We look forward to celebrating our students at the Spring Concert on Wednesday, May 24th at East Hampton High School at 6:30 pm followed by the Choral Spring Concert on June 1st at East Hampton High School!



SALMON RELEASE PROJECT

On Tuesday, April 25th fourth grade students from Mr. Moore and Mr. Quinn's classrooms successfully released salmon into the Salmon River! The release took place at the Salmon River Recreation Area here in East Hampton and is part of an on-going relationship between Center School and the Connecticut River Salmon Association. The Connecticut

River Salmon Association (CRSA) is a nonstock, nonprofit Connecticut corporation with a mission to support Atlantic salmon in the Connecticut River basin. This program involves incubating salmon eggs in a chilled aquarium here at Center School and then releasing the young salmon - called "Fry" - in approved streams, the Salmon River in our case, that are within the Connecticut River Watershed. Approximately sixty-five schools in Connecticut participate, from Kindergarten to the post-secondary level. This service learning project requires a long term commitment from the involved fourth graders. They monitor the salmon eggs and the water temperature of the aquarium over the course of several months. This year our salmon arrived at Center School on January 5th and have been cared for by our fourth graders ever since. The entire Center School community stays current on the development of our salmon with regular updates in the school's weekly newsletter. These descriptions of the development of the salmon eggs into "fry" are written and submitted by our fourth graders. The students have detailed that the precise water temperature that is required to best support the eggs in our aquarium must then be matched closely with the water temperature of the Salmon River to ensure a successful release for all involved. We feel fortunate to participate in this robust learning opportunity that connects our students so directly to their immediate environment.

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East Hampton Public Library



Ellen Paul, Library Director

Dear Residents,

When this magazine hits your mailbox, I'll just be finishing up my sixth week as the new Director of the East Hampton Public Library. It is my privilege to lead our local public library. I believe that libraries have the power to change lives, build communities and strengthen towns. On East Hampton's 250th anniversary, I'm looking forward to working with the staff, the library advisory board and the whole community to make the library an essential part of East Hampton's bright future. The library is here to serve the

entire town and all our residents. Even if you haven't been into the library in years, I'd invite you to come back in. Stop by and say hello. I'd love to meet you and hear your thoughts on how we can work together to make both the library and the town a better place to live, work and play.

In the meantime, mark your calendars! We're kicking off summer reading on Saturday, June 24th with a magic show for the whole family. Check out a sampling of some of our upcoming children's programming below. We're looking forward to seeing you at the library this summer!

All the best, Ellen

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http://www.easthamptonct.gov/Pages/EastHamptonCT_Library/

Children's Programs

WEEKLY PROGRAMS

Wiggles & Giggles

An early literacy lap-sit program that introduces books, nursery rhymes and songs. Mondays & Fridays 10:00 am. For ages 12-24 months. Drop-In program. May - June

Tuesdays with Tessa

A story and craft program that encourages active listening, inspires creativity, and develops fine motor skills with hands-on crafts. Tuesdays 6:30 pm. For ages 4-8 yrs. old. Drop-in program.

Mother Goose on the Loose

An early literacy program that combines nursery rhymes, stories, songs & music activities to promote lifelong learning. Wednesdays 10:00 am. For ages 18 mo. - 4 yrs. old. Drop-in program.

Stories with Miss Fran

Introduces children to lengthier classic picture books and fun stories, and promotes group discussion while encouraging independence. Wednesdays 10:00 am. For ages 4 & up. Drop-in program.

Little Learners

A story time program that engages children in active listening, promotes motor Continued on page 34

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	9
SOUPS	
Clam Chowder	\$5.25
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French Onion	
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Lobster Bisque	\$6.50
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Soup of The Day	\$6.2
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STARTERS	
Shrimp Cocktail	\$8.9
4 crisp jumbo shrimp served with our own homemade cocktail sauce.	
House Salad	\$6.9
Mixed greens with tomato, onions, cucumber and homemade croutons and chedd	ar jack
cheese. + choice of Italian, Ranch, Peppercorn, Balsamic, Blue Cheese. Add Chicker	١,
Salmon, Mahi or Shrimp for \$7.00 per item.	
Caesar Salad	\$6.9
Crisp romaine lettuce, parmesan cheese, tossed in caesar dressing with homemad	e croutons.
+ Add Chicken, Salmon, Mahi, Shrimp for \$7.00 per item.	
Hog Wings	\$10.9
Blarge pork tender shanks served with ranch dressing.	
Chicken Wings	\$9.9
B jumbo wings served with the dressing of your choice, celery and carrot sticks.	
Sauces are Hot, Mild, BBQ, Cajun, Garlic Parmesan, Honey BBQ, Teriyaki.	
Boneless Wings	
Hand cut chicken tenders served with blue cheese dressing celery and carrot stick	S.
Sauces are Hot, Mild, BBQ, Cajun, Garlic Parmesan, Honey BBQ, Teriyaki.	
Sliders	\$8.9
3 handmade burgers,steamed burgesr,pulled pork or blt	
Quesadilla's	\$9.9
Chicken or steak or pulled pork. Served on a grilled flour tortilla smothered	
with monterey jack cheese served with sour cream and salsa.	
THE MAIN FARE	
Can You Say Cheese	\$6.00
Grilled white bread with american cheese. Add tomato, bacon or ham add \$.50.	
Dublin Blt	\$6.50
Toasted white bread loaded with bacon fresh tomato and lettuce finished with ma	yo.
Fhe Club House	\$9.2
Choice of turkey,roast beef,ham pilled high and topped with tomato,lettuce,	
pacon and cheese served on your choice of white or rye.	
Fhe Highlander	\$9.2
Grilled chicken breast served on a bulky roll topped with lettuce,tomato and amer	ican cheese
Fhe Irishman	\$9.9
Extra lean corned beef with sauerkraut, swiss cheese and thousand island dressing	J
served on grilled rye.	
Mahi Ruben	\$12.9
Grilled mahi with swiss cheese, thousand island dressing served on grilled rye	

ong Dog	\$6.9
umbo beef hot dog served on a toasted bun roll topped with cheese and your choice	
f relish or mustard. Ad chilli for \$.50.	
ulled Pork	\$9.2
ender bbg pulled pork served with monterey jack cheese and coleslaw on a bulky roll.	
he Ultimate Burger	
in 8 oz hand pressed patty served with fresh tomato, lettuce and topped with	
merican cheese and bacon. Served on a bulky roll.	
ity Steam Burger	¢n n
in 8 oz hand pressed patty steamed to perfection and topped with cheddar cheese, let	
	ttuce,
omato and bacon. Served on a bulky roll.	400
irilled Kielbasa Grinder	
moked kielbasa grille and served on a grinder roll topped with sauerkraut and mustar	d.
Add choice of cheese for \$50	
stAll sandwiches come with a choice of fries, slaw, potato salad. Add onion rings for \$1.	00.
TO A DITIONS	
FRADITIONS	
illet Mignon	. \$18.9
12 oz cut wrapped in bacon with your choice of grilled, blackened or teriyaki	i.
- Choice of Baked Potato or Mashed, Choice of Vegetable.	
irilled Rib Eye	\$17.9
land cut 12 ox rib eye steak grilled to perfection, choce or grilled, blackened o	r
rilled teryaki	
Choice of Baked Potato or Mashed, Choice of Vegetable.	
win Pork Chops	\$18.9
wo center cut chops grilled traditional or blackened.	
Choice of Baked Potato or Mashed, Choice of Vegetable.	
hepards Pie	\$13.9
raised and seasoned beef with corn, topped with fresh mashed potato and ba	
o perfection.	
aked Stuffed Sole	¢1/10
wo seafood stuffed filet of sole baked in a white wine and lemon butter sauce	
· Choice of Baked Potato or Mashed, Choice of Vegetable.	-
almon Steak	¢140
	. \$14.9
Choice of grilled, blackened or teriyaki.	
Choice of Baked Potato or Mashed, Choice of Vegetable.	
Mahi Mahi Steak	. \$14.9
his grilled white fish can be blackened or grilled with a teriyaki glaze.	
- Choice of Baked Potato or Mashed, Choice of Vegetable.	
hicken Fettuccine Alfredo	. \$14.9
oute'd chicken breast in hand crafted alfredo sauce and fettuccine.	
hicken Picatta	. \$14.9
gg battered chicken breast in a white wine and caper sauce.	
rime Rib Friday and Saturday	\$16.9
he very best of rib eye, roasted to perfection.	
horoughly cooking meats, poultry, seafood, shellfish, eggs will redu	-لد مــ
norougniy cooking meats, poultry, seatoog, spelifish, edds will redu	ce th
isk of food borne illnesse.	

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Library... continued from page 32

skills & literacy development with shared books, felt board activities and songs. Thursdays 10:00 am. For ages 2-3 yrs. old. Drop-in program.

AFTER SCHOOL PROGRAMS

Summer Reading Kickoff: Magic by George!

Saturday, June 24th at 10:00 am.

Join us in kicking of summer reading with a spectacular magic show: Magic by George! This family-friendly "one of a kind" magic show is mostly geared to children in entering grades K-6. Registration is required. Register online or over the phone.

SUMMER PROGRAMS

Wind Spinners

Monday, July 10th 2:00 pm - 3:00 pm. For children ages 8 - up. Create a unique structure that spins in the wind--using a soda bottle and duct tape, upcycle a soda bottle into a cool wind spinner! Registration is required. Register online or over the phone.

Tower Of Power

Monday, July 17th 2:00 pm - 3:00 pm. For children ages 8 and up. Construct individual towers out of recyclable materials and Jenga blocks and then connect with other towers to form a city. Registration is required. Register online or over the phone.

Multicultural Recycled Music!

Monday, July 24th 2:00 pm - 3:00 pm. For children ages 8 - up. Sound is created by vibrations. Explore the different effects created by some instruments from around the world, and then design and create your own instrument using recycled materials. Registration is required. Register online or over the phone.

Wacky Art

Monday, July 31st 2:00 pm - 3:00 pm. For children ages 8 - up. Bring your alternate identity to life as you create and build a 3-D character from various recycled materials. Then as a group we will tell a short story to incorporate all our characters. Registration is required. Register online or over the phone.

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MAKE GREAT **THINGS** HAPPEN.

For the past 20 years, the Community Foundation of Middlesex County has been working with community members who have a deep passion and commitment to improving the quality of life for all. We turn their desire to create a legacy of giving into a charitable fund that has a very real and positive impact on the programs and services they care most about. Through these funds, we provide resources to support the arts, education, human services, animal welfare, the environment, heritage enhancements, and other areas of interest. We provide services, programs, and grants to our local nonprofits, working in partnership for a better today and a better tomorrow.

We invite you to learn more about how you can support your community. Visit us at www.MiddlesexCountyCF.org or call us at 860-347-0025.



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Join the Friends of the East Hampton Library

The Friends of the East Hampton Library were begun in the late 1960s to support the programs and offerings of our East Hampton Library. Over the years this support has taken many forms.

Today the Friends provide museum passes for patrons, to among others:

New Britain Museum of American Art Connecticut Zoological Society Florence Griswold Museum Connecticut River Museum Connecticut Trollev Museum New England Air Museum Connecticut Children's Museum

Mystic Seaport **Discovery Museum** Mark Twain House Harriet Beecher Stowe House Imagine Nation Lutz Children's Museum Peabody Museum

These passes save patrons approximately \$25,000 per year in museum fees making activities family friendly and economical. Over the last twenty years, the Friends have provided a scholarship to a graduating senior of East Hampton High School. For over twenty years, the Friends sponsored a purchase award for the annual Art Association art show, with paintings being made available for circulation. The Friends recently covered the cost of a refurbished aquarium for the children's room. Summer reading programs have been an integral partnership between the Friends and the East Hampton Public Library.

Please consider joining the Friends today!

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Rep. Ziobron Hosts Educational Walk in East Haddam for CT Trails Day

As part of the 2017 Connecticut Trails Day Weekend, State Rep. Melissa Ziobron will host an educational walk in East Haddam on Sunday, June 4 from 10:30 am – 1:00 pm. The hike, led by Larry Johnson, formerly of Sunrise Resort, will teach hikers about the long history of the property which was once the home to three very successful resorts. Come learn about Connecticut's version of Dirty Dancing! As a state park advocate and a member of the Connecticut General Assembly's Environment Committee, Ziobron invites residents of all ages to join her for this exciting event in our beautiful local state park.

Those attending will walk along the existing paved roadway, where they will meet with former employees and guests to talk about the historic sites and former buildings, experiences, and stories from the resorts heyday. Friends of Machimoodus & Sunrise State Parks will also be available to explain about their organization and the future hopes for the park and current offerings. Participants are encouraged to bring kayaks. Quiet Kayak of East Haddam will be available, as an option, to rent kayaks.

Interested participants should meet 1/4 Mile from the entrance from Sunrise State Park. Follow the signage for Rep. Ziobron's Trails Day Walk. Please check www.facebook.com/cthouse34 for last minute changes due to weather.

Connecticut Trails Day is sponsored by the Connecticut Forest and Park Association (CFPA), which has been a devoted advocate of Connecticut's state park system and natural resources for quite some time.

Visit http://www.ctwoodlands.org/ct-trails-weekend for more information.



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Free Seminars on Insurance; Legal & Financial Planning for Senior Living

Two free seminars in the series "Your Choices for Senior Living: How to Make the Right Selections" will take place at The Saybrook at Haddam at 1556 Saybrook Road in Haddam, Conn. The first discusses creative insurance options for seniors, and will be held Wednesday, May 31 at 5:30 pm. The next will focus on effective legal and financial planning for seniors and will be held on Thursday, June 22 at 5:30 pm. These events are sponsored by Elder LifeCare Planning, and are presented by Apple Rehab Saybrook, Essex Meadows and The Saybrook at Haddam. Light fare, beverages and desserts will be served. Reservations are required for each event and can be made by calling 860-345-3779.

Cancer Care: Keeping the Patient's Best Interest in Mind

Fighting cancer isn't easy, but it helps to know that you are getting the best, most personalized care from a highly skilled team of medical professionals who treat you like a person—not a number. Accredited by several leading organizations, including the American College of Surgeons Commission on Cancer and the National Accreditation Program for Breast Centers, the Middlesex Hospital Cancer Center uses the latest technology to diagnose and treat patients with all types of cancer, including breast cancer, colon cancer, gynecological cancer, lung cancer, prostate cancer, bladder cancer, head and neck cancer and skin cancer. The center's Nurse Navigator Program provides specially trained advance practice nurses to guide patients through the treatment and rehabilitation process. Every day, the Cancer Center strives to provide individualized, comprehensive services to every patient, family and caregiver. These services include survivorship care, integrative therapies, support groups, educational resources, community events and outreach programs and transportation assistance. In addition, Middlesex Hospital is a member of the Mayo Clinic Care Network, allowing Middlesex physicians and their patients' access to the world-renowned cancer experts at Mayo Clinic.

Recognizing the importance of keeping cancer patients close to their homes and loved ones, the Hospital will expand its Cancer Center services this fall when it opens a satellite cancer center at the Shoreline Medical Center. At the Middlesex Hospital Cancer Center, you will never doubt that you are the top priority. For more information about the Middlesex Hospital Cancer Center, visit www.middlesexhospital.org, or call 860-358-2000.



Why Lake Remediation is worth the money

Rachel Perry, EnviRRachel Perry, Environmental Scientist, **Anchor Engineering Services, LLC**

Anyone who lives in proximity to a recreational lake knows the feeling of anticipation to get out there when the weather warms up. From fishing to boating to swimming, lakes offer a wide range of activities uniting many people in one common love for the water. And, while lakes and the recreational activities they offer may be priceless to us, lakes can be worth upwards of \$30,000 per acre annually with just the ecosystem services they provide, in addition to recreational worth. But what exactly are ecosystem services? Most people can already list a few of the basics: water regulation, filtering and supply, and food supply. The things humans need to stay hydrated, fed, and happy. But what about the rest?

WATER RETENTION

Though many homeowners with lakefront properties may worry about the risk of their homes flooding during storms, lakes often provide important water retention during storms. Lakes and watersheds are capable of holding a tremendous volume of water, and this service is just one of many that is important to surrounding towns and cities.

CARBON BURIAL

With global climate change on our minds, carbon and "green-

house gas" are words thrown around in the news daily. Carbon is an abundant element on Earth - in fact essential to the life of all organisms - plant, animal, or otherwise. But since the industrialization of humans beginning in the mid 1800's, carbon has been released into the atmosphere at an astoundingly fast rate. Lakes help to prevent greenhouse gasses such as carbon dioxide (a product of our breath) from heating up the Earth by "burying" it, typically by growing algae.

WASTE PROCESSING

In Connecticut, the majority of homes on lakefront properties use septic tanks as waste management systems. In a few words, septic tanks hold wastewater in a large tank to allow solids and sludge to settle to the bottom, before allowing liquids to leach out into the ground to be filtered. Eventually, this liquid will reach the lake. In areas with improperly managed septic systems or an overabundance of homes, this is where we see algal growth and a decline in water clarity and safety. But, in properly managed areas, waste management is just another ecosystem services lakes provide.

With a stronger understanding of some of the more important ecosystem services lakes can provide, it becomes a bit easier to begin to place a dollar value on our resources. Maine residents place substantial value on their lakes-between \$7.6 and \$17.8 Continued on page 40



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reminders



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Lake Remediation... continued from page 38

million dollars above the recreational cost to them. And in fact, Mainers spend as much as \$153 million annually on that recreation, of which more than 50% in spent within lakefront communities. This means that Mainers on average place a value of approximately \$400,000 per acre annually on their lakes - nearly \$370,000 more than the estimated value of ecosystem services. Connecticut is home to over 3,000 lakes of all different sizes, from Candlewood Lake's 5,420 acre spread, to Colebrook River Lake

boasting a depth of 136 feet. Connecticut residents should begin to consider the importance of lake maintenance and pollution prevention now. Lake maintenance may never cost as much as our lakes are worth annually; but, if it does, preserving recreational use and ecosystem services seems worth the cost.

Reprinted from the CT Federation of Lakes Winter 2017 Newsletter

The Pros and Cons of Aquatic Pesticide Applications

By Luke J. Gervase, The Pond and Lake Connection

Lakes worldwide face issues with nuisance plant and excessive algae growth. Whether native or invasive, species of plants and algae at nuisance levels can impede forms of recreation, create an unsettling aesthetic appeal, cause severe ecological implications, and cause human health hazards. One of the oldest and most widely used techniques to control nuisance plant and algae growth are the use of aquatic pesticides. These

techniques are often met with criticism as many view the use of pesticides with a negative connotation. Older formulations of pesticides have left long term environmental contamination or toxicity issues. However, these products are now meticulously studied to ensure the chemicals are used by state certified applicators according to federally labeled instructions.

Aquatic pesticides are formulated to specifically target plant cells and therefore have minimal impact on animal species. However, there are exceptions

with certain chemicals in regards to specific organisms. Pesticides now contain less active ingredients than the pesticide formulations used in the past. It is the responsibility of the certified applicator to choose the appropriate pesticide to manage the nuisance pest. To preserve the environment and limit harm to any non-target species, applicators must follow all federal and state regulations. Like all lake management techniques, aquatic pesticides are only one tool available and should be used in conjunction with other management methods.

Pros & Cons of using Herbicides & Algaecides.

In the table below are the pros and cons of using herbicides and algaecides. Both pesticide forms are widely used to control nuisance growth by certified applicators whom take into account all of the cons when making an application.

PROS	CONS	
Herbicides have the possibility of controlling a wide range of species	May be toxic to non-target species of plants or animals	
Herbicides can selectively target plant species	May require federal, state, and local wetlands permitting	
Aquatic pesticides are incredibly cost-effective compared to other management techniques	Can restrict certain water uses depending on the chemical formulation and application rate	
Algaecides rapidly remove algae from the water column and can increase water clarity	May cause recycling of nutrients to allow other forms of plant or algae growth	
Algaecides can result in movement of nutrients to the bottom of a lake	As treated plants and algae decay, there can be an increased oxygen demand within the waterbody	
Both herbicides and algaecides are formulated to quickly break down in the water column	If used for long periods of time, copper based products can leave a precipitate in the sediment	

Reprinted from the CT Federation of Lakes Winter 2017 Newsletter

East Hampton Volunteer Fire Department News



NEW LADDER TRUCK IN SERVICE

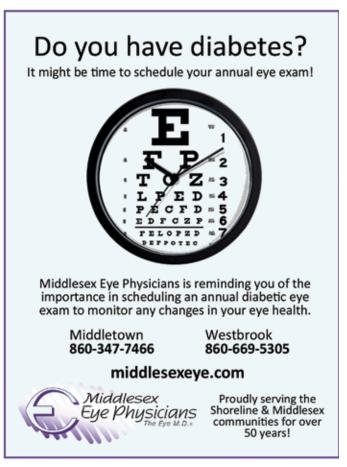
The East Hampton Volunteer Fire Department formally placed its new ladder truck in service on Sunday, April 9th. Designated as "Ladder 1-12," the new apparatus is housed in the Company #1 firehouse on Barton Hill Road and replaces its predecessor, a 38 year old "antique" that has far exceeded its serviceable life.

The new truck is a Pierce Ascendant whose features and capabilities are uniquely suited to meet the town's current and future needs. Built on a Pierce Enforcer cab and chassis module, the Ascendant ladder incorporates counterbalance and stabilization technologies developed by the crane industry that enables the vehicle to operate a four-section aerial ladder with a total reach of 107 feet from a truck frame built with a single rear axle. The single rear axle provides significantly increased mobility and maneuverability over the previous ladder truck, enabling firefighters to navigate through extremely tight residential areas

such as those situated around Lake Pocotopaug and the various condominium complexes around the town. The 107 foot reach will help firefighters overcome the challenges presented by large commercial structures and by fires in newer, larger homes that tend to be set back far from the street. Ladder 1-12 is powered by a 450 HP Cummins diesel engine and its Watrous pump is capable of flowing up to 2000 gallons of water per minute. The new truck is outfitted with a full complement of fire suppression and rescue equipment, including (in addition to the aerial) a total of 110 feet of ground and roof ladders in various lengths, over a third of a mile of hose for both water supply and attack lines and a wide variety of hand and power tools for ventilation, rescue and scene overhaul.

From a firefighter safety perspective, Fire Chief Greg Voelker is particularly impressed with the Pierce Enforcer cab / chassis combination that features a fully enclosed crew cab that safely accommodates six firefighters. All equipment on the truck is stored and secured in cabinets to prevent damage and exposure to the elements and the aerial ladder is equipped with a computerized stabilization system that prevents unsafe deployment. Chief Voelker stated that Ladder 1-12, with its unique capabilities, will fundamentally change the way the Fire Department responds to requests for emergency services and will be a valuable asset for the Town of East Hampton for many years to come.





East Hampton Volunteer Fire Department Fireworks Return!

SAVE THE DATE, FIREWORKS **RETURN!**

The East Hampton Volunteer Fire Department has announced its annual fireworks display will be held Saturday, August 19th at its new location, the grounds of the East Hampton High School on North Maple Street. The rain date will be Sunday, August 20th. Returning in 2013 to mark the Department's 90th anniversary of service to the public, the theme chosen for this years' family-oriented event is "Happy 250th East Hampton" in acknowledgement of the historical significance of this milestone anniversary. The fireworks event will feature expanded food and beverage choices, live music beginning at 6:30 pm and other amenities, capped by a dazzling fireworks display presented by the Atlas PyroVision Entertainment Group of Jaffrey, New Hampshire at 9:00 pm. More details on the show will follow as the event gets closer.

As in the past, the Fire Department depends upon the support of residents and the local business community in order to keep these fireworks events successful. The Fire Department gratefully acknowledges the hundreds of contributors from previous years, and firefighters will again be visible at various locations in town for "Fill the Boot for the Fireworks" events, beginning in mid-July. Businesses are being contacted and individual contributions to the "EHVFD Fireworks Fund" can also be sent directly to the headquarters building at 3 Barton Hill Road,

East Hampton, CT 06424. The East Hampton Volunteer Fire Department sponsors the fireworks as a community service event for the pleasure and enjoyment of local residents, their families and those from surrounding towns. The fireworks are not a fundraising project for the Fire Department and no town, taxpayer or other public funds are expended. All contributions received go directly toward presenting the fireworks show; any additional funds collected are placed in a special account and are utilized as starter funds for the presentation of the following year's event.

Remember to save the date and note the new venue: August 19th at the East Hampton High School!!!

Grilling Safety

The East Hampton fire marshal would like to remind you of these tips for safely using your grill this summer.

"Experience the Difference" at The Saybrook at Haddam.

Resident Doris Whitmore with daughter Beryl enjoying a cup of tea in the country kitchen.

Mom has Blossomed!

"Mom's memory loss meant her way of life was changing, but we did not want her quality of life to change as well. We are so happy at how quickly she settled into her new home and routine at Safe Harbor Memory Care Neighborhood in The Saybrook at Haddam. Safe Harbor offers:

- . Stimulating and therapeutic programs that promote individual self-worth, dignity and independence • A kind and specially trained professional staff 24 hours/day
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PROPANE GRILLS

- Propane and charcoal BBQ grills should only be used outdoors.
- The grill should be placed well away from the home, deck

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railings and out from under eaves and overhanging branches.

- Keep children and pets at least three feet away from the grill area.
- Keep your grill clean by removing grease or fat buildup from the grills and in trays below the grill.
- Never leave your grill unattended.
- Always make sure your gas grill lid is open before lighting it.

IF A LEAK OCCURS

Check the gas tank hose for leaks before using it for the first time each year. Apply a light soap and water solution to the hose. A propane leak will release bubbles. If your grill has a gas leak, by smell or the soapy bubble test, and there is no flame, turn off both the gas tank and the grill. If the leak stops, get the grill serviced by a professional before using it again. If the leak does not stop, call the fire department. If you smell gas while cooking, immediately get away from the grill and call the fire department. Do not move the grill. If the flame goes out, turn the grill and

gas off and wait at least 5 minutes before re-lighting it.

DID YOU KNOW?

July is the peak month for grill fires. Roughly half of the injuries involving grills are thermal burns.

CHARCOAL GRILLS

There are several ways to get the charcoal ready to use.

- Charcoal chimney starters allow you to start the charcoal using newspaper as a fuel.
- If you use a starter fluid, use only charcoal starter fluid. Never add charcoal fluid or any other flammable liquids to the fire.
- Keep charcoal fluid out of the reach of children and away from heat sources.
- There are also electric charcoal starters, which do not use fire. Be sure to use an extension cord for outdoor use.
- When you are finished grilling, let the coals completely cool before disposing in a metal container.

Campfire Safety

Sitting under the stars by a crackling fire has its appeal. It's where stories are told, sing-a-longs happen, and meals are cooked over an open flame. Campfires bring family and friends together. But campfire mishaps can cause injuries. With a few

safety tips, you can prevent these accidents.

SAFETY AROUND THE FIRE

- Before setting up a campfire, be sure it is permitted. Check with your local fire department.
- If campfires are permitted, they need to be at least 25 feet away from any structure and anything that can burn.
- Clear away dry leaves and sticks, overhanging low branches and shrubs.

Continued on page 44





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Campfire Safety... continued from page 43

- Avoid burning on windy, dry days. It is easier for open burning to spread out of control when it is windy and dry.
- Watch children while the fire is burning. Never let children or pets play or stand too close to the fire.
- Attend to the campfire at all times. A campfire left alone for only a few minutes can grow into a damaging fire.
- Keep a campfire small which is easier to control.
- Never use gasoline or other flammable or combustible
- Always have a hose, bucket of water, or shovel and dirt or sand nearby to put out the fire. Make sure to put it completely out before leaving the site.
- If your clothes catch fire, stop, drop, and roll. Stop, drop to the ground and cover your face with your hands. Roll over and over or back and forth until the fire is out.
- Treat a burn right away. Cool the burn with cool water for 3 to 5 minutes. Cover with a clean, dry cloth. Get medical help if needed.

ROAST WITH CARE

If roasting marshmallows, help young children. Never shake a roasting marshmallow. It can turn into a flying, flaming ball. A heated metal skewer can cause burns. Campfire accidents send thousands of people to emergency rooms with burn injuries every year.

Lightning Safety

The East Hampton fire marshal would like to remind you that thunder and lightning storms happen all the time, and that lightning may strike as far as 10 miles from any rain. Know what to do to keep you and your family safe when storms strike!

OUTDOOR SAFETY

- If you can hear thunder, you are within striking distance of lightning. Look for shelter inside a home, large building, or a hard-topped vehicle right away.
- Do not go under trees for shelter. There is no place outside that is safe during a thunderstorm.
- Wait at least 30 minutes after hearing the last clap of thunder before leaving your shelter.
- Stay away from windows and doors. Stay off porches.
- There is no safe place outside. Places with only a roof on sports fields, golf courses, and picnic areas are not safe during a lightning storm. Small sheds should not be used.
- If a person is struck by lightning, call 9-1-1. Get medical help right away.

INDOOR SAFETY

Turn off computers. Stay off corded phones, computers, and other things that put you in direct contact with electricity or plumbing. You can use a cell or cordless phone. Do not wash your hands, bathe, shower, do laundry, or wash dishes.



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